

Recipe
gnocchi bake
Smoky tomato rice
sticky sausage stew
Sweet potato curry
turkey cranberry pie

Breakdown	Cost	Notes
Total retail cost:	£49.54	Total sum of "Retail" column
Feed for four (cost per recipe):	£15.76	Total sum of "cost per recipe" column
Cost per serving (serves 4):	£3.94	*Cost per recipe divided by 4

Cost per 1 unit: Retail cost *divided* by product weight
Cost per recipe: Cost per 1 unit *multiplied* by Recipe quantity

Recipe	Ingredient	Product Reference	Product Weight	Retail	Measurement	Recipe Quantity	Cost for 1 unit	Cost per recipe	Suggestion	Tracking URL
Smoky tomato rice	1/2 red pepper	4088600354934	600	£1.20	g	50	£ 0.002	£ 0.10		https://groceries.aldi.co.uk/en-gb/p-everyday-
Smoky tomato rice	1/2 green pepper	4088600354934	600	£1.20	g	50	£ 0.002	£ 0.10		https://groceries.aldi.co.uk/en-gb/p-everyday-
Smoky tomato rice	leek greens	4088600064390	500	£1.19	g	100	£ 0.002	£ 0.24		Nature's Pick Leeks 500g ALDI
Smoky tomato rice	chicken thighs	4088600281421	900	£4.49	g	400	£ 0.005	£ 2.00		Ashfields British Chicken Thigh Fillets 900g ALDI
Smoky tomato rice	turmeric	4088600125084	40	£0.49	g	2	£ 0.012	£ 0.02		Ready, Set...Cook! Ground Turmeric 40g ALDI
Smoky tomato rice	cumin	4088600124988	40	£0.59	g	1.5	£ 0.015	£ 0.02		Ready, Set...Cook! Cumin 40g ALDI
Smoky tomato rice	smoked paprika	4088600147130	40	£0.59	g	4	£ 0.015	£ 0.06		Stonemill Smoked Paprika 40g ALDI
Smoky tomato rice	dried chilli flakes	4088600124957	29	£0.59	g	1.5	£ 0.020	£ 0.03		Ready, Set...Cook! Dried Crushed Chilli's 29g ALDI
Smoky tomato rice	long grain rice	4088600392516	1000	£0.45	g	200	£ 0.000	£ 0.09		Everyday Essentials Long Grain Rice 1kg ALDI
Smoky tomato rice	1 tin chopped tomatoes	4088600298917	400	£0.32	g	400	£ 0.001	£ 0.32		Everyday Essentials Chopped Tomatoes 400g ALDI
Smoky tomato rice	tomato puree	4.0886E+12	200	£0.43	g	14	£ 0.002	£ 0.03		Cucina Tomato Purée 200g ALDI
Smoky tomato rice	chicken stock	4.0886E+12	120	£0.52	g	10	£ 0.004	£ 0.04		Quixo Chicken Stock 120g ALDI
Smoky tomato rice	cream cheese	4.0886E+12	200	£0.85	g	30	£ 0.004	£ 0.13		Emporium Full Fat Soft Cheese Original 200g ALDI
Sweet potato curry	sweet potato	4088600193021	1000	£0.89	g	750	£ 0.001	£ 0.67		Nature's Pick Sweet Potatoes 1kg ALDI
Sweet potato curry	garam masala	4088600415857	85	£0.79	g	4	£ 0.009	£ 0.04		Ready, Set...Cook! Garam Masala 85g ALDI
Sweet potato curry	cumin	4088600124988	40	£0.59	g	2	£ 0.015	£ 0.03		Ready, Set...Cook! Cumin 40g ALDI
Sweet potato curry	smoked paprika	4088600147130	40	£0.59	g	2	£ 0.015	£ 0.03		Stonemill Smoked Paprika 40g ALDI
Sweet potato curry	chilli flakes	4088600124957	29	£0.59	g	1.5	£ 0.020	£ 0.03		Ready, Set...Cook! Dried Crushed Chilli's 29g ALDI
Sweet potato curry	1 tin coconut milk	4088600179131	400	£0.69	ml	400	£ 0.002	£ 0.69		Ready, Set...Cook! Rich & Creamy Coconut Milk 400ml ALDI
Sweet potato curry	peanut butter	4088600294261	340	£1.09	g	30	£ 0.003	£ 0.10		Grandessa Smooth Peanut Butter 340g ALDI
Sweet potato curry	tomato puree	4088600338637	200	£0.43	g	14	£ 0.002	£ 0.03		Cucina Tomato Purée 200g ALDI
Sweet potato curry	vegetable stock	4088600243627	120	£0.52	g	5	£ 0.004	£ 0.02		Quixo Vegetable Stock Cubes 120g ALDI
Sweet potato curry	1 tin chickpeas	4088600140858	400	£0.45	g	400	£ 0.001	£ 0.45		Four Seasons Chick Peas In Water 400g (240g Drained)
Sweet potato curry	handful chopped spinach	4088600099575	240	£0.76	g	30	£ 0.003	£ 0.10		Nature's Pick The Salad Box Baby Spinach 240g ALDI
Sweet potato curry	1 pepper	4088600354934	600	£1.20	g	100	£ 0.002	£ 0.20		Everyday Essentials Family Pack Peppers 600g ALDI
Sweet potato curry	rice	4088600392516	1000	£0.45	g	200	£ 0.000	£ 0.09		Everyday Essentials Long Grain Rice 1kg ALDI
turkey cranberry pie	leeks	4088600354934	500	£1.19	g	100	£ 0.002	£ 0.24		Nature's Pick Leeks 500g ALDI
turkey cranberry pie	turkey mince	4088600031842	500	£2.39	g	500	£ 0.005	£ 2.39		Ashfields 100% British 7% Fat Turkey Mince 500g ALDI
turkey cranberry pie	cornflour	4088600438207	500	£1.49	g	20	£ 0.003	£ 0.06		The Pantry Cornflour 500g ALDI
turkey cranberry pie	chicken stock	4088600243610	120	£0.52	g	5	£ 0.004	£ 0.02		Quixo Chicken Stock 120g ALDI
turkey cranberry pie	milk	408860003887	3410	£2.19	l	150	£ 0.001	£ 0.10		COWBELLE Fresh British Semi-skimmed Milk 3.4L
turkey cranberry pie	dried thyme	4088600125077	15	£0.49	g	1	£ 0.033	£ 0.03		Stonemill Thyme 15g ALDI
turkey cranberry pie	cream cheese	4088600046648	200	£0.85	g	15	£ 0.004	£ 0.06		Emporium Full Fat Soft Cheese Original 200g ALDI
turkey cranberry pie	cranberry sauce	4088600049106	200	£0.55	g	30	£ 0.003	£ 0.08		Bramwells Whole Cranberry Sauce 200g ALDI
turkey cranberry pie	potatoes	4088600069852	2500	£1.05	g	700	£ 0.000	£ 0.29		Everyday Essentials Potatoes 2.5kg ALDI
turkey cranberry pie	butter	4088600100180	500	£0.95	g	14	£ 0.002	£ 0.03		Greenvale Beautifully Buttery 500g ALDI
gnocchi bake	potatoes	4088600069852	2500	£1.05	g	700	£ 0.000	£ 0.29		Everyday Essentials Potatoes 2.5kg ALDI
gnocchi bake	eggs x2	4088600231921		£2.05		2	#DIV/0!	£ 0.28		Merevale Mixed Weight British Free Range Eggs 15
gnocchi bake	cornflour	4088600438207	500	£1.49	g	100	£ 0.003	£ 0.30		The Pantry Cornflour 500g ALDI
gnocchi bake	2 x red pepper	4088600354934	600	£1.20	g	200	£ 0.002	£ 0.40		Everyday Essentials Family Pack Peppers 600g ALDI
gnocchi bake	dried mixed herbs	4088600125015	11	£0.49	g	2	£ 0.045	£ 0.09		Ready, Set...Cook! Mixed Herbs 11g ALDI
gnocchi bake	chopped tomatoes x 1 tin	4088600298917	400	£0.32	g	400	£ 0.001	£ 0.32		Everyday Essentials Chopped Tomatoes 400g ALDI
gnocchi bake	large handful chopped	4088600099575	240	£0.76	g	30	£ 0.003	£ 0.10		Nature's Pick The Salad Box Baby Spinach 240g ALDI
gnocchi bake	1 mozzarella ball	4088600286808	200	£0.55	g	200	£ 0.003	£ 0.55		Everyday Essentials Mozzarella 200g (125g Drained) ALDI
gnocchi bake	rocket to serve	4088600087672	60	£0.62	g	60	£ 0.010	£ 0.62		Nature's Pick Wild Rocket 60g ALDI
sticky sausage stew	6 sausages	4088600449821	400	£2.39	g	400	£ 0.006	£ 2.39		Specially Selected Pork Sausages 400g/6 Pack ALDI
sticky sausage stew	2 tbsp clear honey	4088600233307	340	£0.75	g	40	£ 0.002	£ 0.09		Everyday Essentials Clear Honey 340g ALDI
sticky sausage stew	1 tbsp dijon mustard	4088600249414	200	£0.45	g	15	£ 0.002	£ 0.03		Bramwells Dijon Mustard 200g ALDI
sticky sausage stew	1 tin chopped tomatoes	4088600298917	400	£0.32	g	400	£ 0.001	£ 0.32		Everyday Essentials Chopped Tomatoes 400g ALDI
sticky sausage stew	300ml vegetable stock	4088600243627	120	£0.52	g	5	£ 0.004	£ 0.02		Quixo Vegetable Stock Cubes 120g ALDI
sticky sausage stew	1 x tin butterbeans	4088600316543	400	£0.54	g	400	£ 0.001	£ 0.54		Four Seasons Butter Beans In Water 400g (240g)
sticky sausage stew	1.5 tbsp smoked paprika	4088600147130	40	£0.59	g	6	£ 0.015	£ 0.09		Stonemill Smoked Paprika 40g ALDI
sticky sausage stew	1 tbsp mixed herbs	4088600125015	11	£0.49	g	2	£ 0.045	£ 0.09		Ready, Set...Cook! Mixed Herbs 11g ALDI
sticky sausage stew	carrots	4088600080420	1500	£0.58	g	500	£ 0.000	£ 0.19		Everyday Essentials Carrots 1.5kg ALDI
sticky sausage stew	large handful chopped	4088600099575	240	£0.76	g	30	£ 0.003	£ 0.10		Nature's Pick The Salad Box Baby Spinach 240g ALDI
Sum				£49.54		8228.5	#DIV/0!	£ 15.76		