

GUIDANCE FOR PEOPLE AVOIDING GLUTEN



The list contains Aldi own label products that are suitable for people avoiding gluten. The products listed are gluten free which contain 20 parts per million (ppm) or less of gluten, or are made without gluten-containing ingredients and with controls in place to minimise the risk of cross contamination with gluten-containing ingredients. This information is to be used as a guide only; whilst every effort has been taken to complete the list accurately the products may be subject to subsequent changes in allergen information, recipe or supplier. Aldi do not accept liability for the consequences of such changes and advise customers to always check the ingredient list and allergen information on pack on all food and drink at the time of purchase to ensure the product is suitable for your dietary requirements.

PRODUCT CATEGORY	ALDI CODE	BARCODE	DESCRIPTION	PACK SIZE
Frozen Food	62692	25290073	Steam Ready Meals - Fish & Potatoes	400g
Frozen Food	47624	25235258	Basa Fillets	400g
Frozen Food	64389	25377293	Chilli Marinated King Prawns	250g
Frozen Food	44446	25314571	Cod	475g
Frozen Food	63464	25344790	Cod	500g
Frozen Food	64396	25377354	Cod Tomato And Rosemary Bake In The Bag	298g
Frozen Food	51339	25381504	Cooked Jumbo King Prawns	200g
Frozen Food	44446	25314588	Haddock	475g
Frozen Food	63464	25344806	Haddock	500g
Frozen Food	64389	25377309	Mediterranean Marinated King Prawns	250g
Frozen Food	51339	25381498	Raw Jumbo King Prawns	200g
Frozen Food	64396	25377361	Salmon Lemon And Dill Bake In The Bag	298g
Frozen Food	69650	25432893	Salmon Steaks - Creamy Cheese & Spinach	260g
Frozen Food	63464	25374933	Smoked Cod	400g
Frozen Food	44446	25314595	Smoked Haddock	475g
Frozen Food	56908	25306934	Specially Selected Cooked King Prawns	200g
Frozen Food	56683	25306903	Specially Selected Raw King Prawns	200g
Frozen Food	47381	25322033	Wild Pink Salmon Fillets	540g
Frozen Food	54522	25288667	Broccoli	1kg
Frozen Food	69839	25436556	Brown Lentils With Tahini	500g
Frozen Food	58831	25377385	Butternut Squash Frozen Risotto	500g
Frozen Food	69841	25349405	Chopped Basil	50g
Frozen Food	69841	25349382	Chopped Chilli	50g
Frozen Food	69841	25349412	Chopped Coriander	50g
Frozen Food	69841	25349399	Chopped Garlic	100g
Frozen Food	69841	25349429	Chopped Parsley	50g
Frozen Food	49439	25251395	Everyday Essentials Garden Peas	907g
Frozen Food	62884	25330908	Fine Whole Green Beans	1kg
Frozen Food	58831	25323269	Frozen Risotto Pea Broccoli And Broad Bean	500g
Frozen Food	60160	25334470	Garden Peas	900g
Frozen Food	49440	25251401	Petit Pois	700g
Frozen Food	41125	25187588	Premium Steam Bag Vegetables - Carrots Broccoli And Sweetcorn	640g
Frozen Food	41125	25295993	Premium Steam Bag Vegetables - Carrots Peas And Sweetcorn	640g
Frozen Food	41125	25187601	Premium Steam Bag Vegetables - Carrots, Cauliflower & Extra Fine Green Beans	640g
Frozen Food	53454	25378993	Supersweet Sweetcorn	900g
Frozen Food	3786	25322651	Vegetable Medley	1kg

Frozen Food	54522	25288674	Whole Green Beans	1kg
Frozen Food	67614	25406672	Champion Jacket Potatoes	700g
Frozen Food	63901	25372755	Champion Straight Cut Chips	1.5kg
Frozen Food	56071	25284324	French Fries	1kg
Frozen Food	63960	25362022	Hash Brown	750g
Frozen Food	49570	25252248	Roast Potatoes	1kg
Frozen Food	47891	25241051	Straight Cut Chips	1.5kg
Frozen Food	51425	25216653	Black Forest Fruits	500g
Frozen Food	71207	25284928	Blueberries	300g
Frozen Food	69450	25375619	Four Seasons Exotic Smoothie Mix	600g
Frozen Food	69450	25375626	Four Seasons Strawberry And Banana Smoothie Mix	600g
Frozen Food	54478	25288438	Frozen Blueberries	300g
Frozen Food	54478	25288285	Frozen Raspberries	300g
Frozen Food	58628	25438338	Mango	500g
Frozen Food	58628	25438321	Pineapple	450g
Frozen Food	59460	25328264	Raspberries	300g
Frozen Food	71207	25257878	Raspberries	300g
Frozen Food	58628	25438284	Strawberries	450g
Frozen Food	51425	25216646	Summer Fruits	500g
Frozen Food	59202	25432091	Blackcurrant And Apple Ice Coolers	480ml
Frozen Food	56807	25306040	Deluxe 3 Almond	3 x 120ml
Frozen Food	56807	25306040	Deluxe 3 Milk Chocolate	3 x 120ml
Frozen Food	56807	25306040	Deluxe 3 White Chocolate	3 x 120ml
Frozen Food	62091	25355208	Deluxe Mini Chocsticks	12 x 50ml
Frozen Food	50116	25256680	Ice Blitz	6 x 60ml
Frozen Food	59250	25326215	Lemon Sorbet	900ml
Frozen Food	59250	25326222	Mango Sorbet	540g
Frozen Food	64415	25377491	Milk Lollies	8 x 35ml
Frozen Food	70834	25297348	Mint Chocolate Chip Ice Cream	1L
Frozen Food	64312	25376708	Mint Ovals	900ml
Frozen Food	59202	25432114	Orange Ice Coolers	6 x 80ml
Frozen Food	59250	25377477	Raspberry Sorbet	900ml
Frozen Food	65717	25326338	Real Fruit Splits	584ml
Frozen Food	64379	25377248	Rocket Lollies	10 x 60ml
Frozen Food	64312	25376692	Strawberry Ovals	900ml
Frozen Food	65663	25325812	Whirlz	250ml
Frozen Food	65663	25426892	Whirlz Forest Fruit Lollies	250ml
Frozen Food	60091	25122503	Ice Cubes	2kg
Confectionary	69896	25399035	Chewing Gum Bottle Coolmint	63g
Confectionary	69896	25399011	Chewing Gum Bottle Peppermint	63g
Confectionary	69896	25399028	Chewing Gum Bottle Spearmint	63g
Confectionary	69896	25398984	Chewing Gum Bottle White	63g
Confectionary	61676	25350623	Chocolate Caramels	150g
Confectionary	49051	25056525	Chocolate Éclairs	170g
Confectionary	49053	25288780	Dairy Toffees	200g
Confectionary	61679	25350692	Edinburgh Rocks	180g
Confectionary	50984	25263909	Extra Strong Mints	204g
Confectionary	66774	25399110	Fruit Chews	4 x 38g
Confectionary	61679	25430394	Iron Brew Crumbles	180g
Confectionary	53881	25245158	Liquorice Satins	180g
Confectionary	53881	25245110	Liquorice Whirls	180g
Confectionary	61679	25350685	Mini Macs	180g
Confectionary	66774	25399127	Mint Chews	4 x 38g
Confectionary	49065	25056495	Mint Humbugs	250g
Confectionary	54131	25247879	Mint Imperials	200g
Confectionary	49063	25084689	Mint Selection	200g
Confectionary	61676	25350630	Peppermint Creams	150g
Confectionary	61676	25361551	Raspberry Coconut Delights	150g
Confectionary	44678	25217834	Highland Fudge	180g
Confectionary	44678	25217827	Highland Toffee	180g
Confectionary	61662	25350357	Iron Brew Bon Bons	170g
Chocolates	66370	25129267	Caramel Chocolate Bar	125g

Chocolates	66375	25339451	Coffee & Cream Chocolate Bar	200g
Chocolates	66377	25339475	Dark Chocolate Bars	200g
Chocolates	66379	25140026	Dark Hazelnut Chocolate Bars	200g
Chocolates	63574	25369984	Dominican Republic	125g
Chocolates	66379	25088960	Fruit & Nut Chocolate Bars	200g
Chocolates	63574	25369960	Ghanaian	125g
Chocolates	65008	25382242	Ginger	125g
Chocolates	66370	25339383	Hazelnut Chocolate Bars	125g
Chocolates	56787	25088939	Hazelnut Heaven Bar	100g
Chocolates	66369	25087802	Milk Chocolate Bars	125g
Chocolates	66377	25140002	Milk Chocolate Bars	200g
Chocolates	60993	25233926	Mint Crème	150g
Chocolates	63482	25337693	Mousse Bars - White	187g
Chocolates	63482	25185515	Mousse Filled Bars - Cherry Chilli	187g
Chocolates	63482	25185508	Mousse Filled Bars - Orange	187g
Chocolates	66370	25108606	Orange & Almond Chocolate Bar	125g
Chocolates	63574	25369977	Peruvian	125g
Chocolates	66376	25140019	Rich Almond Chocolate Bars	200g
Chocolates	60993	25247251	Turkish Delight	150g
Chocolates	66369	25337686	Vanilla Chocolate Bars	125g
Chocolates	66377	25088946	White Chocolate Bars	200g
Chocolates	42682	25109252	Mini Chocolate Bars - Classic Dark	5 x 40g
Chocolates	42682	25089097	Mini Chocolate Bars - Creamy Milk	5 x 40g
Chocolates	42682	25145410	Mini Chocolate Bars - Smooth White	5 x 40g
Chocolates	8597	25055986	Mini Delights - Milk Cream	200g
Chocolates	8597	25018189	Mini Delights - Strawberry Yoghurt	200g
Chocolates	69363	25089103	Mini Chocolate Bars - Hazelnut Crunch	200g
Chocolates	69363	25200638	Mini Chocolate Bars - Marzipan	200g
Chocolates	69363	25200621	Mini Chocolate Bars - Praline	200g
Chocolates	66367	25171624	Chilli Chocolate Bar	125g
Chocolates	54132	25223484	Chocolate Peanuts	200g
Chocolates	54132	25223491	Chocolate Raisins	200g
Chocolates	56782	25386653	Giant Buttons - Caramel	140g
Chocolates	56782	25305807	Giant Buttons - Milk	140g
Chocolates	56782	25305814	Giant Buttons - White	140g
Chocolates	8270	25179156	Milk Chocolate Buttons	70g
Chocolates	66367	25171617	Mint Chocolate Bar	125g
Chocolates	66367	25339376	Sea Salt Chocolate Bar	125g
Chocolates	8270	25179750	White Chocolate Buttons	70g
Chocolates	45212	25221770	White Chocolate Moons	70g
Biscuits	71708	25387506	Gluten Free Quadruple Chocolate Cookies	150g
Biscuits	71708	25389463	Gluten Free White Chocolate And Cranberry Cookies	150g
Biscuits	68687	25419016	Chilli Rice Snacks	40g
Biscuits	68743	25387827	Chocolate And Orange Rice Cake Bars	90g
Biscuits	68743	25387810	Milk Chocolate Rice Cake Bars	90g
Biscuits	45842	25226614	Rice Cakes- Chocolate	150g
Biscuits	45842	25226607	Rice Cakes- Sea Salt	250g
Biscuits	45842	25226621	Rice Cakes- Yogurt	150g
Biscuits	68687	25419009	Sea Salt Rice Snacks	40g
Crisps, Snacks & Nuts	51511	25243123	Bacon Rashers	150g
Crisps, Snacks & Nuts	65674	25387667	BBQ Pop Outs	100g
Crisps, Snacks & Nuts	51511	25238310	Cheese Puffs	150g
Crisps, Snacks & Nuts	64384	25283013	Cheese Puffs	170g
Crisps, Snacks & Nuts	48861	25301236	Everyday Essentials Tortilla Chips	200g

Crisps, Snacks & Nuts	68166	25411515	Gluten Free Lime Tortillas	125g
Crisps, Snacks & Nuts	68166	25411508	Gluten Free Salted Tortillas	125g
Crisps, Snacks & Nuts	43714	25193589	Prawn Crackers	100g
Crisps, Snacks & Nuts	65674	25387650	Sour Cream Onion Pop Outs	100g
Crisps, Snacks & Nuts	45453	25391473	Sweet And Salty Popcorn	200g
Crisps, Snacks & Nuts	45453	25109412	Sweet Popcorn	200g
Crisps, Snacks & Nuts	60127	25334098	Teddy Faces	6 x 19g
Crisps, Snacks & Nuts	45453	25187120	Toffee Popcorn	200g
Crisps, Snacks & Nuts	64359	25231724	Belight Ready Salted Crisps	150g
Crisps, Snacks & Nuts	63185	25382839	Bib Beef Brisket With Honey Bourbon Glaze Hand cooked Crisps	150g
Crisps, Snacks & Nuts	51400	25264814	Cheddar & Onion Crinklecut Crisps Multi	6 x 28g
Crisps, Snacks & Nuts	70372	25358162	Cheese & Onion Passions Crisps	150g
Crisps, Snacks & Nuts	64348	25035049	Cheese Onion Crisps Potato Crisps	6 x 25g
Crisps, Snacks & Nuts	63185	25382846	Goats Cheese And Beetroot Hand cooked Crisps	150g
Crisps, Snacks & Nuts	70370	25358155	Lightly Salted Passions Crisps	150g
Crisps, Snacks & Nuts	47801	25240238	Prawn Cocktail Crisps	6 x 25g
Crisps, Snacks & Nuts	64268	25035032	Ready Salted 6 Potato Crisps	6 x 25g
Crisps, Snacks & Nuts	51400	25264739	Ready Salted Crinklecut Crisps Multi	6 x 28g
Crisps, Snacks & Nuts	58722	25321388	Roast Chicken Crisps	6 x 25g
Crisps, Snacks & Nuts	50468	25373110	Salt And Vinegar Potato Crisps	150g
Crisps, Snacks & Nuts	47801	25240245	Smokey Bacon Crisps	6 x 25g
Crisps, Snacks & Nuts	58722	25140316	Snackrite Salt Your Own	146g
Crisps, Snacks & Nuts	70372	25387124	Sour Cream & Sweet Chilli Passions Crisps	150g
Crisps, Snacks & Nuts	63185	25387711	Specially Selected Chorizo And Sweet Pepper Hand Cooked Crisps	150g
Crisps, Snacks & Nuts	63185	25358469	Specially Selected Slow Cooked Beef Rib And Red Wine Sauce Crisps	150g
Crisps, Snacks & Nuts	63185	25358483	Specially Selected Sour Cream And Sweet Chilli	150g
Crisps, Snacks & Nuts	66454	25353341	Specially Selected Vegetable Crisps	100g
Crisps, Snacks & Nuts	50468	25373127	Variety Pack Crisps	150g
Crisps, Snacks & Nuts	57974	25291421	Cashews	150g
Crisps, Snacks & Nuts	47149	25236125	Everyday Essentials Peanuts	200g
Crisps, Snacks & Nuts	58202	25304138	Mixed Nuts	150g

Crisps, Snacks & Nuts	5485	25135503	Roasted And Salted Peanuts	400g
Crisps, Snacks & Nuts	63278	25223897	Salted Microwave Popcorn	3 x 91g
Coffee & Hot Beverages	66337	25371611	Coffee Pods - Decaffeinated Intenso	70g
Coffee & Hot Beverages	66337	25371604	Coffee Pods - Intense	10 pack
Coffee & Hot Beverages	66337	25371598	Coffee Pods - Lungo Fortissio	10 pack
Coffee & Hot Beverages	66337	25371581	Coffee Pods - Rosabaya De Columbia	70g
Coffee & Hot Beverages	6023	25271683	Decaf Instant Coffee	100g
Coffee & Hot Beverages	7863	25271706	Gold Roast Instant Coffee	200g
Coffee & Hot Beverages	47384	25083392	Rich Roast Coffee	200g
Coffee & Hot Beverages	65020	25372113	Rich Roast Coffee	200g
Coffee & Hot Beverages	65115	25371659	Specially Selected Colombian Fairtrade Instant	100g
Coffee & Hot Beverages	62614	25360509	Whole Bean Instant Coffee	100g
Coffee & Hot Beverages	60293	25335477	Colombian Ground And Roast	200g
Coffee & Hot Beverages	60293	25335491	Decaffeinated Roast And Ground Coffee	200g
Coffee & Hot Beverages	60293	25335484	Espresso Whole Bean	200g
Coffee & Hot Beverages	64767	25202243	French Coffee	227g
Coffee & Hot Beverages	68117	25403534	French Coffee	227g
Coffee & Hot Beverages	64767	25202250	Italian Coffee	227g
Coffee & Hot Beverages	68117	25403527	Italian Coffee	227g
Coffee & Hot Beverages	68115	25403794	Original Rich Roast Coffee	250g
Coffee & Hot Beverages	6760	25103472	Rich Roast & Ground Coffee	250g
Coffee & Hot Beverages	64890	25146790	Single Origin Rich Roast & Ground - Java	200g
Coffee & Hot Beverages	64890	25345483	Single Origin Rich Roast & Ground - Kenyan	200g
Coffee & Hot Beverages	6719	25103465	Specially Selected Single Origin Roast & Ground - Ethiopian	200g
Coffee & Hot Beverages	6719	25399202	Specially Selected Single Origin Roast And Ground Coffee - Kenyan	200g
Coffee & Hot Beverages	57860	25298819	Cafe Latte	180g
Coffee & Hot Beverages	68374	25298796	Cafe Latte	180g
Coffee & Hot Beverages	68375	25298789	Cafe Mocha	180g
Coffee & Hot Beverages	65946	25390643	Cappuccino	160g
Coffee & Hot Beverages	58779	25309812	Instant Hot Chocolate	400g
Coffee & Hot Beverages	47989	25109726	Low Calorie Hot Chocolate Sachets - Chocolate	8 x 11g

Coffee & Hot Beverages	47989	25109726	Low Calorie Hot Chocolate Sachets - Mint Flavour	8 x 11g
Coffee & Hot Beverages	57860	25298802	Mocha	180g
Tea	54702	25313765	Fruit & Herb Tea Bags - Berry Fruit	120g
Tea	63856	25370355	Fruit & Herb Tea Bags - Berry Fruits	120g
Tea	54702	25313758	Fruit & Herb Tea Bags - Camomile	60g
Tea	63856	25370386	Fruit & Herb Tea Bags - Camomile	60g
Tea	54702	25313741	Fruit & Herb Tea Bags - Lemon & Ginger	80g
Tea	63856	25370379	Fruit & Herb Tea Bags - Lemon & Ginger	80g
Tea	54702	25313734	Fruit & Herb Tea Bags - Peppermint	40 pack
Tea	63856	25370362	Fruit & Herb Tea Bags - Peppermint	60g
Tea	63903	25372793	Infusion Tea Bags - Forest Fruits	37.5g
Tea	63903	25372816	Infusion Tea Bags - Green Tea	37.5g
Tea	63903	25372786	Infusion Tea Bags - Peppermint	30g
Tea	63903	25372809	Infusion Tea Bags - Peppermint & Licorice	30g
Tea	61707	25351095	Assam Tea	125g
Tea	58575	25370300	Decaf Tea	250g
Tea	61707	25241846	Earl Grey	125g
Tea	63615	25370324	Fairtrade Speciality Tea - Earl Grey	125g
Tea	63859	25370331	Fairtrade Speciality Tea - Earl Grey	125g
Tea	63615	25370409	Fairtrade Speciality Tea - English Breakfast	125g
Tea	63859	25370393	Fairtrade Speciality Tea - English Breakfast	125g
Tea	55780	25217506	Fairtrade Tea	250g
Tea	56704	25304725	Gold Label Tea	250g
Tea	56703	25304701	Red Label Tea	500g
Tea	67836	25304695	Red Label Tea	500g
Tea	63911	25370348	Red Label Tea Bags	500g
Tea	63122	25365894	Scottish Blend Decaf Tea	250g
Tea	63121	25365870	Scottish Blend Tea	250g
Tea	61707	25241839	Scottish Breakfast	125g
Tea	58573	25319972	Green Tea	80g
Tea	58573	25319996	Green Tea & Jasmine	80g
Tea	58573	25319989	Green Tea & Lemon	80g
Tea	58573	25320008	Green Tea Decaffeinated	80g
Canned Food	52678	25251715	Anchovy Fillets In Olive Oil	50g
Canned Food	1153	22009814	Lemon & Pepper Tuna Flakes	85g
Canned Food	65087	25382891	Pole And Line Tuna Chunks In Brine	160g
Canned Food	65756	25388558	Pole And Line Tuna Chunks In Brine	160g
Canned Food	65084	25382853	Pole And Line Tuna Chunks In Spring water	160g
Canned Food	65086	25382877	Pole And Line Tuna Chunks In Sunflower Oil	160g
Canned Food	1408	25008852	Red Salmon	213g
Canned Food	44827	25059069	Sardines In Sunflower Oil	125g
Canned Food	44834	25059052	Sardines In Tomato Sauce	125g
Canned Food	1153	22009814	Sundried Tomato & Basil Tuna Flakes	85g
Canned Food	1153	22009814	Thai Sweet Chilli Tuna Flakes	85g
Canned Food	1153	22009814	Tomato & Onion Tuna Flakes	85g
Canned Food	67410	25304619	Tuna Steaks In Brine	200g
Canned Food	67410	25294903	Tuna Steaks In Sunflower Oil	200g
Canned Food	4601	25272079	Fruit Snack Pots Fruit Salad	4x125g
Canned Food	4601	25272079	Fruit Snack Pots Peach	4x125g
Canned Food	4601	25272079	Fruit Snack Pots Pineapple	4x125g
Canned Food	65522	25386219	Mandarin Segments In Juice	312g
Canned Food	65522	25386202	Mandarin Segments In Light Syrup	312g
Canned Food	1108	25045994	Pineapple Slices- Interim Grade	432g

Canned Food	63944	25253740	Baked Beans	1.7kg
Canned Food	6284	25364309	Butter Beans	400g
Canned Food	1020	25004656	Canned Potatoes	560g
Canned Food	68545	25421323	Cannellini Beans	400g
Canned Food	62577	25252446	Everyday Essentials Baked Beans	420g
Canned Food	64755	25380026	Everyday Essentials Baked Beans	420g
Canned Food	58377	25314717	Garden Peas	300g
Canned Food	93527	20006778	Garlic Cloves In Brine	270g
Canned Food	93527	20006778	Garlic Cloves In Chilli Oil	270g
Canned Food	93527	20006778	Garlic Cloves In Herb Oil	270g
Canned Food	48708	25238099	Mushy Peas	300g
Canned Food	2722	25370126	Passata	500g
Canned Food	42420	25370133	Premium Peeled Plum Tomatoes	400g
Canned Food	1015	25324778	Processed Peas	300g
Canned Food	1031	25259605	Red Kidney Beans	400g
Canned Food	41178	25188004	Sliced Carrots	300g
Canned Food	68901	25421347	Specially Selected Basil And Oregano Passata	700g
Canned Food	68901	25421330	Specially Selected Garlic Passata	700g
Canned Food	6284	25269932	Sweet Harvest Chick Peas	400g
Canned Food	62799	25362657	Sweetcorn	200g
Canned Food	8966	25246797	Sweetcorn	326g
Canned Food	2206	25370119	Tomato Puree	200g
Canned Food	55733	25284577	Artichokes	280g
Canned Food	90671	25232622	Colossal Greek Olives	350g
Canned Food	64980	25381764	Green Jalapenos	220g
Canned Food	55733	25284560	Grilled Peppers	280g
Canned Food	90671	25232615	Kalamata Greek Olives	350g
Canned Food	9612	25414820	Pitted Black Olives Mission Olives	340g
Canned Food	9612	25414813	Pitted Green Olives	340g
Canned Food	64980	25381757	Red Jalapenos	220g
Canned Food	40432	25245653	Silverskin Onions	440g
Canned Food	49405	25345391	Sliced Beetroot	710g
Canned Food	55733	25284591	Sun Dried Tomatoes	280g
Canned Food	42903	25077018	Whole Baby Beetroot	440g
Canned Food	64278	25376265	Bacon Grill	300g
Canned Food	56480	25302998	Bockwurst	550g
Canned Food	68017	25357974	Bockwurst	535g
Canned Food	64278	25251692	Chopped Ham & Pork	300g
Canned Food	1211	25009262	Corned Beef	340g
Canned Food	44571	25216783	Sliced Mushrooms	300g
Canned Food	61529	25316650	Coconut Milk	400ml
Canned Food	47320	25237313	Custard Pots	4x150g
Canned Food	1305	25364699	Evaporated Milk	410g
Canned Food	49740	25360820	Everyday Essentials Rice Pudding	400g
Canned Food	55430	25295610	Fruit In Jelly Peach	480g
Canned Food	55430	25295627	Fruit In Jelly Pineapple	480g
Canned Food	61529	25349306	Low Fat Coconut Milk	400ml
Canned Food	69192	25425970	Low Fat Rice Pudding	400g
Canned Food	62464	25358650	Orange Jelly	135g
Canned Food	62464	25358674	Raspberry Jelly	135g
Canned Food	45430	25223392	Ready To Serve Custard	500g
Canned Food	61297	25332339	Ready To Serve Custard	500g
Canned Food	44663	25360752	Rice Pudding	400g
Canned Food	62464	25358667	Strawberry Jelly	135g
Convenience Foods & Soups	49356	25250664	Carrot & Coriander Soup	400g
Convenience Foods & Soups	49354	25250640	Chicken Broth	400g
Convenience Foods & Soups	57135	25362145	Garden Pea And Mint Soup	400g
Convenience Foods & Soups	49354	25250671	Lentil & Bacon	400g

Convenience Foods & Soups	54129	25285697	Pea & Ham Soup	400g
Convenience Foods & Soups	54130	25285673	Spicy Tomato Soup	400g
Convenience Foods & Soups	45387	25223064	Tomato, Basil And Crème Fraiche	400g
Chilled Foods	69743	25434088	10% Fat Authentic Greek Yogurt	500g
Chilled Foods	52056	25269369	Active Yogurt Drink - Strawberry	8 pack
Chilled Foods	52056	25269369	Active Yogurt Drink Low Fat Strawberry	8 pack
Chilled Foods	52056	25329391	Active Yogurt Drink Multi Fruit	8 pack
Chilled Foods	52056	25329407	Active Yogurt Drink Original	8 pack
Chilled Foods	64286	25434538	Champagne Rhubarb Yogurt	150g
Chilled Foods	52860	25329414	Cholesterol Reducing Drink Apricot & Peach	6x100g
Chilled Foods	52860	25276060	Cholesterol Reducing Drink Original	6x100g
Chilled Foods	52860	25276046	Cholesterol Reducing Drink Strawberry	6x100g
Chilled Foods	55418	25311716	Coconut & Vanilla Fat Free Greek Yogurt	4 x 125g
Chilled Foods	54689	25289855	Delights Fromage Frais	4 x 100g
Chilled Foods	64284	25434484	Devonshire Style Fudge Yogurt	150g
Chilled Foods	68129	25345315	Fat Free Cherry Yogurt With Bifido	4 x 125g
Chilled Foods	61922	25354164	Fat Free Greek Style Yogurt - Cherry	4 x 125g
Chilled Foods	61922	25354188	Fat Free Greek Style Yogurt - Toffee	4x125g
Chilled Foods	46694	25297157	Fat Free Natural Yogurt	500g
Chilled Foods	68129	25345278	Fat Free Peach Yogurt With Bifido	4 x 125g
Chilled Foods	56050	25371192	Fat Free Yogurt - Banana & Custard	175g
Chilled Foods	56051	25300048	Fat Free Yogurt - Cherry	175g
Chilled Foods	56051	25300055	Fat Free Yogurt - Mango And Passion fruit	175g
Chilled Foods	56050	25408461	Fat Free Yogurt - Papaya & Coconut	175g
Chilled Foods	56051	25300062	Fat Free Yogurt - Raspberry & Cranberry	175g
Chilled Foods	56051	25300031	Fat Free Yogurt - Strawberry	175g
Chilled Foods	56050	25300017	Fat Free Yogurt - Toffee	175g
Chilled Foods	56050	25300000	Fat Free Yogurt - Vanilla	175g
Chilled Foods	64174	25375381	Fat Free Yogurts	6 x 165g
Chilled Foods	60511	25337334	Fromage Frais	12 x 55g
Chilled Foods	61274	25080223	Fromage Frais In Tubes	9 x 40g
Chilled Foods	51459	25300499	Fruit Yogurt Mango Passion Fruit And Papaya	450g
Chilled Foods	69740	25434095	Greek Style Coconut Yogurt	450g
Chilled Foods	69740	25434101	Greek Style Lemon Yogurt	450g
Chilled Foods	46609	25318968	Greek Style Yogurt	500g
Chilled Foods	50483	25318661	Greek Style Yogurt & Fruit Split Pot	6 x 150g
Chilled Foods	69738	25434163	Greek Style Yogurt With Honey	450g
Chilled Foods	60373	25336146	Kids Fromage Frais	300g
Chilled Foods	70949	25437300	Lassi Yogurt Drink - Coconut & Vanilla	250ml
Chilled Foods	70949	25406405	Lassi Yogurt Drink - Mango	250ml
Chilled Foods	70949	25406412	Lassi Yogurt Drink - Strawberry & Pomegranite	250ml
Chilled Foods	55418	25295429	Lemon Fat Free Greek Yogurt	4 x 125g
Chilled Foods	64174	25299991	Light Fruit Yogurt	6 x 175g
Chilled Foods	68162	25411461	Little Delights - Strawberry & Apricot	300g
Chilled Foods	68162	25411478	Little Delights - Strawberry & Banana	300g
Chilled Foods	68162	25411454	Little Delights - Strawberry & Raspberry	300g
Chilled Foods	69728	25433876	Low Fat Scottish Yogurt - Summer Fruit	150g
Chilled Foods	46608	25298147	Low Fat Greek Style Yogurt	500g
Chilled Foods	46695	25297140	Low Fat Natural Yogurt	500g

Chilled Foods	51459	25338119	Low Fat Raspberry, Cranberry & Blueberry Fruit Yogurt	450g
Chilled Foods	69728	25433869	Low Fat Scottish Yogurt - Raspberry	150g
Chilled Foods	69728	25433883	Low Fat Scottish Yogurt - Strawberry	150g
Chilled Foods	69728	25433852	Low Fat Scottish Yogurt - Toffee	150g
Chilled Foods	64284	25434491	Madagascan Vanilla Yogurt	150g
Chilled Foods	64284	25434477	Mediterranean White Peach Yogurt	150g
Chilled Foods	67911	25329339	Mixed Fruits	8 pack
Chilled Foods	64284	25434507	Morello Cherry Yogurt	150g
Chilled Foods	67915	25355321	Multifruit Yogurt Drink	12 x 100g
Chilled Foods	67899	25411232	Olyos Greek Style Yogurt - Peach	440g
Chilled Foods	67899	25411225	Olyos Greek Style Yogurt - Strawberry	440g
Chilled Foods	67915	25355314	Original Yogurt Drink	12 x 100g
Chilled Foods	56820	25308068	Peach & Apricot Cholesterol Lowering Yoghurt Drink	6 x 100g
Chilled Foods	68136	25343717	Rhubarb Yogurt With Bifido	4 x 125g
Chilled Foods	64286	25434545	Scottish Raspberry Yogurt	150g
Chilled Foods	64286	25434514	Senga Senga Strawberry Yogurt	150g
Chilled Foods	64286	25434521	Sicilian Lemon Yogurt	150g
Chilled Foods	64233	25259469	Split Pot Greek Yogurt	900g
Chilled Foods	47428	25237870	Squidgy Pouches Fromage Frais	320g
Chilled Foods	56820	25306194	Strawberry Cholesterol Reducing Drink	6 x 100g
Chilled Foods	55418	25311709	Strawberry Fat Free Greek Yogurt	4 x 125g
Chilled Foods	56102	25300475	Strawberry Fat Free Yogurt	450g
Chilled Foods	67915	25353945	Strawberry Yogurt Drink	12 x 100g
Chilled Foods	68136	25220865	Strawberry Yogurt With Bifido	4 x 125g
Chilled Foods	68161	25411447	Tube It - Strawberry & Vanilla	360g
Chilled Foods	68161	25411430	Tube It - Strawberry, Peach & Berries	360g
Chilled Foods	56102	25300468	Vanilla Fat Free Yogurt	450g
Chilled Foods	52146	25269758	Whole Milk Rhubarb Yogurt With Bifido	4 x 125g
Chilled Foods	52146	25269758	Whole Milk Strawberry Yogurt With Bifido	4 x 125g
Chilled Foods	47614	25269123	Yogurt & Fruit	1050g
Chilled Foods	71309	25371987	Apricot Fruit Fool	114g
Chilled Foods	60512	25337358	Chocolate & Cream	190g
Chilled Foods	50105	25256598	Chocolate Mousse	6 x 60g
Chilled Foods	50105	25256581	Crème Caramel	6 x 100g
Chilled Foods	71309	25371994	Gooseberry Fruit Fool	114g
Chilled Foods	71309	25371963	Lemon Fruit Fool	114g
Chilled Foods	60512	25337389	Luxurious Dessert Chocolate Orange	190g
Chilled Foods	60512	25337365	Luxurious Dessert Double Chocolate	190g
Chilled Foods	60512	25337341	Luxurious Dessert Mint	190g
Chilled Foods	60512	25337372	Luxurious Dessert Toffee	190g
Chilled Foods	68205	25411775	Milky Pots	280g
Chilled Foods	55692	25297560	Rice Pudding	6 x 190g
Chilled Foods	58122	25316049	Rice Pudding - Apple	190g
Chilled Foods	58122	25316032	Rice Pudding - Strawberry	190g
Chilled Foods	58122	25316056	Rice Pudding Original	190g
Chilled Foods	71309	25371970	Strawberry Fruit Fool	114g
Chilled Foods	58122	25411164	Vanilla Custard Rice	190g
Chilled Foods	62419	25358100	Kids Smoothies - Orange, Mango & Pineapple	4x200ml
Chilled Foods	65971	25390841	Orange, Mango & Passion fruit Fruit Smoothie	1L
Chilled Foods	65971	25390834	Strawberry & Banana Smoothie	1L
Chilled Foods	51902	25387308	Cheese And Onion Sandwich Filler	200g
Chilled Foods	71118	25438437	Cheese Coleslaw	300g
Chilled Foods	51902	25387315	Coronation Chicken Sandwich Filler	200g
Chilled Foods	7080	25273755	Creamy Coleslaw	500g
Chilled Foods	64025	25441031	Dip Selection	400g
Chilled Foods	4956	25326208	Houmous	200g

Chilled Foods	71348	25326055	Mixed Bean Salad	240g
Chilled Foods	66993	25401189	Onion & Garlic Dip	200g
Chilled Foods	4956	25222814	Reduced Fat Houmous	200g
Chilled Foods	51901	25387292	Sandwich Filler - Egg Mayonnaise	200g
Chilled Foods	51901	25387285	Sandwich Filler - Tuna And Sweetcorn	200g
Chilled Foods	66993	25401172	Sour Cream & Chive Dip	200g
Chilled Foods	48780	25377941	Specially Selected Coleslaw	300g
Chilled Foods	68735	25422016	Tomato & Basil Pasta Sauce	350g
Chilled Foods	68736	25422023	Tomato & Mascarpone Pasta Sauce	350g
Chilled Foods	8543	25163407	Baby Jacket Potatoes	400g
Chilled Foods	68868	25420906	Carrot & Swede Mash	400g
Chilled Foods	61946	25317596	Chicken Tikka Masala	450g
Chilled Foods	8543	25101782	Chilled Potato Au Gratin	500g
Chilled Foods	64071	25374537	Chilli & Rice	450g
Chilled Foods	65863	25307412	Haddock Mornay	500g
Chilled Foods	63191	25334524	Hot Chicken Tikka	450g
Chilled Foods	62486	25358889	Lamb Rogan Josh	450g
Chilled Foods	68957	25277166	Mash Potato	400g
Chilled Foods	44418	25399578	Pan Fried Potatoes	500g
Chilled Foods	62486	25358872	Prawn Tikka Masala	450g
Chilled Foods	67578	25442939	Skinny Greens Soup	600g
Chilled Foods	67578	25442946	Skinny Thai Carrot Soup	600g
Chilled Foods	64063	25374483	Sweet & Sour Chicken	450g
Dressings, Oils & Sauces	70350	25385625	Coconut Oil	300ml
Dressings, Oils & Sauces	1700	25375473	Extra Virgin Olive Oil	750ml
Dressings, Oils & Sauces	63982	25360455	Specially Selected British Cold Pressed Rapeseed Oil	500ml
Dressings, Oils & Sauces	69100	25361667	Specially Selected Scottish Cold Pressed Rapeseed Oil	500ml
Dressings, Oils & Sauces	58145	25316391	Sunflower Oil	1L
Dressings, Oils & Sauces	58144	25316384	Vegetable Oil	1L
Dressings, Oils & Sauces	45925	25292060	Flavoured Mayonnaise - Garlic Mayonnaise	280ml
Dressings, Oils & Sauces	45925	25449983	Flavoured Mayonnaise- Lemon Mayonnaise	280ml
Dressings, Oils & Sauces	45925	25449969	Flavoured Mayonnaise- Pesto Mayonnaise	280ml
Dressings, Oils & Sauces	47867	25211283	Light Mayonnaise	500ml
Dressings, Oils & Sauces	47867	25281712	Lighter Than Light Mayonnaise	500ml
Dressings, Oils & Sauces	47867	25211276	Mayonnaise	500ml
Dressings, Oils & Sauces	61908	25353594	Apple, Pear & Fig Chutney	310g
Dressings, Oils & Sauces	2850	25014983	Bramley Apple Sauce	270g
Dressings, Oils & Sauces	42489	25198386	Caramelised Red Onion Chutney	310g
Dressings, Oils & Sauces	59938	25332513	Chilli	70g
Dressings, Oils & Sauces	59938	25332490	Garlic	75g
Dressings, Oils & Sauces	59938	25332506	Ginger	75g
Dressings, Oils & Sauces	40691	25280203	Horseradish Sauce	175g

Dressings, Oils & Sauces	41832	25367782	Mild Salsa	300g
Dressings, Oils & Sauces	41832	25241181	Mild Salsa Dip	300g
Dressings, Oils & Sauces	52455	25402872	Mint Sauce	180g
Dressings, Oils & Sauces	70702	25330588	Original Barbecue Sauce	480g
Dressings, Oils & Sauces	42489	25198393	Ploughman's Plum Chutney	295g
Dressings, Oils & Sauces	41702	25240597	Premium Mustards - Dijon	200g
Dressings, Oils & Sauces	41702	25240580	Premium Mustards - Wholegrain	200g
Dressings, Oils & Sauces	61908	25353600	Red Pepper & Jalapeno Chutney	310g
Dressings, Oils & Sauces	61908	25353617	Rhubarb & Ginger Chutney	310g
Dressings, Oils & Sauces	69519	25448290	Specially Selected Hot Dog Mustard	300g
Dressings, Oils & Sauces	69519	25220445	Specially Selected Jalapeno Relish	320g
Dressings, Oils & Sauces	69519	25181234	Specially Selected Tomato Relish	320g
Dressings, Oils & Sauces	42489	25224894	Tomato & Chilli Chutney	290g
Dressings, Oils & Sauces	43004	25387339	Tomato Ketchup	560g
Dressings, Oils & Sauces	66679	25398410	Tomato Ketchup	560g
Dressings, Oils & Sauces	45934	25448344	Specially Selected British Blue Cheese Salad Dressing	255ml
Dressings, Oils & Sauces	45934	25448320	Specially Selected Maple And Mustard Salad Dressings	255ml
Dressings, Oils & Sauces	45934	25260878	Specially Selected Salad Dressing - Balsamic	255ml
Dressings, Oils & Sauces	61362	25347395	Butter Chicken Curry Sauce	360g
Dressings, Oils & Sauces	5451	25309621	Everyday Essentials Tomato And Herb Pasta Sauce	440g
Dressings, Oils & Sauces	49418	25251296	Korma Curry Sauce	500g
Dressings, Oils & Sauces	43609	25208849	Mango Chutney	370g
Dressings, Oils & Sauces	41838	25192896	Pesto Rosso	190g
Dressings, Oils & Sauces	4491	25203219	Specially Selected Curry Sauce - Tikka Masala	360g
Dressings, Oils & Sauces	4491	25140675	Specially Selected Curry Sauces - Korma	360g
Dressings, Oils & Sauces	42914	25310658	Specially Selected Hot Curry Sauces - Jalfrezi	360g
Dressings, Oils & Sauces	42914	25310641	Specially Selected Hot Curry Sauces - Madras	360g
Dressings, Oils & Sauces	42914	25310665	Specially Selected Hot Curry Sauces - Rogan Josh	360g
Dressings, Oils & Sauces	43534	25253085	Sweet & Sour Cooking Sauce	500g
Dressings, Oils & Sauces	61331	25286915	Sweet Chilli And Garlic Sauce	120g
Dressings, Oils & Sauces	46966	25227970	Sweet Chilli Sauce	300g

Dressings, Oils & Sauces	49418	25252149	Tikka Curry Sauce	500g
Dressings, Oils & Sauces	61362	25203219	Tikka Masala Curry Sauce	360g
Preserves & Spreads	1385	25011098	Apricot Conserve	454g
Preserves & Spreads	49938	25255041	Apricot Fruit Jam	454g
Preserves & Spreads	1385	25011111	Blackcurrant Conserve	454g
Preserves & Spreads	48555	25245028	Everyday Essentials Marmalade	454g
Preserves & Spreads	51752	25267037	Everyday Essentials Strawberry Jam	454g
Preserves & Spreads	58749	25321524	Everyday Essentials Strawberry Jam	454g
Preserves & Spreads	7144	25003543	Fine Cut Marmalade	454g
Preserves & Spreads	70589	25277845	Lemon Curd	411g
Preserves & Spreads	1385	25011104	Raspberry Conserve	454g
Preserves & Spreads	49938	25255034	Raspberry Fruit Jam	454g
Preserves & Spreads	1385	25249798	Seedless Raspberry Conserve	454g
Preserves & Spreads	49938	25373677	Seedless Raspberry Fruit Jam	454g
Preserves & Spreads	67745	25373653	Specially Selected Conserve - Apricot	340g
Preserves & Spreads	67745	25373660	Specially Selected Conserve - Blackcurrant	340g
Preserves & Spreads	67745	25373646	Specially Selected Conserve - Raspberry	340g
Preserves & Spreads	65829	25390773	Specially Selected Scottish Raspberry Jam	340g
Preserves & Spreads	65829	25390780	Specially Selected Scottish Strawberry Jam	340g
Preserves & Spreads	67674	25373639	Specially Selected Strawberry Conserve	340g
Preserves & Spreads	1386	25011081	Strawberry Conserve	454g
Preserves & Spreads	49938	25255027	Strawberry Fruit Jam	454g
Preserves & Spreads	7144	25003550	Thick Cut Marmalade	454g
Preserves & Spreads	43726	25215632	Clear Honey	454g
Preserves & Spreads	51349	25264302	Clear Honey	454g
Preserves & Spreads	49486	25372595	Everyday Essentials Honey	340g
Preserves & Spreads	43726	25215649	Set Honey	454g
Preserves & Spreads	51349	25264319	Set Honey	454g
Preserves & Spreads	46118	25206838	Specially Selected Manuka Type Honey	250g
Preserves & Spreads	53781	25283297	Squeezy Honey	340g
Preserves & Spreads	53782	25283303	Squeezy Honey	340g

Preserves & Spreads	64465	25373622	Squeezy Honey	340g
Preserves & Spreads	7736	25339956	American Pancake Syrup - Butter Maple	250ml
Preserves & Spreads	7736	25339963	American Pancake Syrup - Maple Pecan	250ml
Preserves & Spreads	7736	25339970	American Pancake Syrup - Maple Praline	250ml
Preserves & Spreads	8158	25128352	Chocolate Ice Topper	250g
Preserves & Spreads	8158	25128369	Chocolate Orange Ice Topper	250g
Preserves & Spreads	48067	25076189	Maple Syrup	250ml
Preserves & Spreads	8158	25375466	Toffee Ice Topper	250g
Preserves & Spreads	55514	25257595	American Peanut Butter - Extra Crunchy	350g
Preserves & Spreads	55514	25257588	American Peanut Butter - Smooth	350g
Preserves & Spreads	42032	25271393	Crunchy Peanut Butter	340g
Preserves & Spreads	42032	25271386	Smooth Peanut Butter	340g
Preserves & Spreads	41397	25381221	Hazelnut Chocolate Spread	400g
Preserves & Spreads	65227	25384338	Hazelnut Chocolate Spread	400g
Baking Ingredients	68315	25412253	Almond Extract	38ml
Baking Ingredients	67834	25408638	Blue Gel Food Colour	10g
Baking Ingredients	59034	25328882	Dark Chocolate Chips	100g
Baking Ingredients	67834	25408652	Green Gel Food Colour	10g
Baking Ingredients	64568	25378450	Lemon Juice & Lime Juice	250ml
Baking Ingredients	59034	25324198	Milk Chocolate Chips	100g
Baking Ingredients	67834	25408645	Pink Gel Food Colour	10g
Baking Ingredients	67834	25408621	Red Gel Food Colour	10g
Baking Ingredients	68315	25412246	Vanilla Extract	38ml
Baking Ingredients	59034	25409208	White Chocolate Chips	100g
Baking Ingredients	67834	25408614	Yellow Gel Food Colour	10g
Dried Fruit & Nuts	43460	25325324	Almonds	200g
Dried Fruit & Nuts	59415	25431629	Apricots	500g
Dried Fruit & Nuts	44384	25360011	Flaked Almonds	170g
Dried Fruit & Nuts	44384	25360028	Ground Almonds	180g
Dried Fruit & Nuts	55597	25441680	Raisins	500g
Dried Fruit & Nuts	54977	25437997	Sultanas	500g
Dried Fruit & Nuts	50643	25332988	Walnut Halves	180g
Dried Fruit & Nuts	50643	25332971	Walnut Pieces	200g
Dried Fruit & Nuts	69482	25430349	Walnuts	180g
Rice	2248	25241808	Basmati Rice	1kg
Rice	67926	25409291	Boil In The Bag Rice	500g
Rice	47258	25225327	Boil In The Bag Rice	500g
Rice	49653	25241792	Boil In The Bag Rice	500g
Rice	2249	25241815	Easy Cook Rice	1kg
Rice	69022	25060331	Egg Fried Rice	250g
Rice	58567	25312126	Everyday Essentials Long Grain Rice	1kg
Rice	65142	25387582	Everyday Essentials Long Grain Rice	1kg
Rice	69024	25060317	Microwave Basmati Rice	250g
Rice	69021	25060300	Microwave Long Grain Rice	250g
Rice	69022	25060324	Microwave Pilau Rice	250g
Herbs & Spices	59972	25300765	Basil	15g
Herbs & Spices	70355	25383003	Cajun Seasoning	47g
Herbs & Spices	70356	25382990	Chicken Seasoning	52g

Herbs & Spices	59989	25300772	Chilli Powder	51g
Herbs & Spices	64201	25320107	Crushed Chillies	29g
Herbs & Spices	59985	25300819	Cumin	45g
Herbs & Spices	64202	25320114	Garlic Granules	52g
Herbs & Spices	59988	25300789	Ground Cinnamon	35g
Herbs & Spices	59990	25300802	Ground Ginger	35g
Herbs & Spices	59969	25300710	Mixed Herbs	13g
Herbs & Spices	59981	25300727	Oregano	12g
Herbs & Spices	59983	25300796	Paprika	50g
Herbs & Spices	59979	25300758	Parsley	7g
Herbs & Spices	59977	25300741	Sage	15g
Herbs & Spices	59872	25329384	Table Salt	750g
Herbs & Spices	59975	25300734	Thyme	17g
Herbs & Spices	59986	25300826	Turmeric	40g
Sugar and Sweeteners	49427	25329063	Caster Sugar	1kg
Sugar and Sweeteners	64803	25324921	Dark Brown Soft Sugar	500g
Sugar and Sweeteners	6846	25329117	Demerara Sugar	500g
Sugar and Sweeteners	7118	25416145	Granulated Sugar	1kg
Sugar and Sweeteners	66650	25376289	Granulated Sugar	1kg
Sugar and Sweeteners	44381	25329100	Icing Sugar	500g
Sugar and Sweeteners	67232	25381115	Icing Sugar	500g
Sugar and Sweeteners	64803	25324914	Light Brown Soft Sugar	500g
Sugar and Sweeteners	44383	25346657	Sucralose Sweetener Granules	75g
Vinegar	60305	25335576	Balsamic Vinegar	250ml
Hot Cereals & Oatmeal	71315	25330342	Gluten Free Organic Porridge	500g
Healthy Snacking	66617	25313215	Almonds	185g
Healthy Snacking	57743	25313161	Berry Cherry Choice	150g
Healthy Snacking	66612	25313208	Brazil Nuts	150g
Healthy Snacking	57803	25381900	Cashews	150g
Healthy Snacking	57743	25313154	Cranberries	150g
Healthy Snacking	66643	25369342	Crunchy Trail Seed Mix	70g
Healthy Snacking	66643	25369335	Exotic Rainforest Berry Seed And Nut Mix	70g
Healthy Snacking	57921	25314502	Fruit And Nut Mix	175g
Healthy Snacking	57746	25313222	Fruit Mix	300g
Healthy Snacking	66643	25369359	Luscious Forest Fruit And Seed Mix	70g
Healthy Snacking	57743	25313147	Mango	125g
Healthy Snacking	54417	25173444	Milled Linseed - Goji, Sunflower & Pumpkin	233g
Healthy Snacking	54417	25153507	Milled Linseed Golden	250g
Healthy Snacking	54417	25210521	Milled Linseed Sesame	225g
Healthy Snacking	50032	25291674	Mini Snack Raisins	168g
Healthy Snacking	57921	25314519	Nut Mix	150g
Healthy Snacking	57803	25381917	Pistachios	160g
Healthy Snacking	70365	25290684	Strawberry Fruit Bars	100g
Healthy Snacking	66643	25369366	Sunny Tropical Fruit And Seed Mix	70g
Healthy Snacking	57746	25313239	Trail Mix	300g
Healthy Snacking	57803	25381924	Walnuts	130g
Healthy Snacking	66643	25369373	Wild Woodland Nut Mix	70g
Healthy Snacking	60491	25290707	Yogurt Coated Blackcurrant Flakes	125g
Healthy Snacking	60491	25290691	Yogurt Coated Strawberry Flakes	125g
Bakery	49839	25041255	Poppadum's	72g

Fruit & Vegetables	51021	25340471	Cooked Beetroot	500g
Fruit & Vegetables	62660	25360929	British Cauliflower And Broccoli	400g
Fruit & Vegetables	53116	25341232	Kale - Shredded	200g
Fruit & Vegetables	68754	25420456	Spring Greens - Shredded	250g
Fruit & Vegetables	67580	25406528	Baby Kale, Pak Choi And Baby Leaf Salad	100g
Fruit & Vegetables	65927	25393545	Baby Spinach	240g
Fruit & Vegetables	65924	25393491	Generic Baby Leaf Salad	90g
Fruit & Vegetables	66265	25393699	Sweet And Crunchy Salad Bowl	330g
Fruit & Vegetables	61655	25350296	Mango Chunks	300g
Fruit & Vegetables	61657	25350319	Melon Medley	200g
Fruit & Vegetables	61654	25350289	Pineapple Chunks	360g
Fruit & Vegetables	61659	25350333	Pomegranate Seeds	80g
Fruit & Vegetables	65369	25384574	Carrot Batons	300g
Fruit & Vegetables	69695	25433746	Diced Butternut Squash And Sweet Potato	350g
Fruit & Vegetables	65344	25384567	Mediterranean Roast Medley	400g
Fruit & Vegetables	69999	25439342	Minted Pea And Potato Soup Kit	475g
Fruit & Vegetables	67697	25407471	Oriental Stir Fry	300g
Fruit & Vegetables	67697	25407488	Pepper Stir Fry	300g
Fruit & Vegetables	46105	25365726	Potato & Leek Soup Mix	600g
Fruit & Vegetables	66648	25302554	Vegetable Medley	350g
Fruit & Vegetables	69699	25433364	Vegetable Medley	240g
Fruit & Vegetables	46105	25230062	Vegetable Soup Mix	600g
Fresh Fish	69791	25347418	Cod Fillet	250g
Fresh Fish	65925	25375312	Dill Kiln Roasted Salmon Fillets	185g
Fresh Fish	60371	25336139	Fresh Salmon Fillets	240g
Fresh Fish	65925	25375336	Ginger Chilli & Lime Kiln Roasted Salmon Fillets	185g
Fresh Fish	67462	25398762	Half Side Of Salmon	500g
Fresh Fish	47625	25404890	Horseradish Marinated Salmon	150g
Fresh Fish	65925	25375305	Kiln Roasted Salmon Fillets - Smoked	185g
Fresh Fish	65847	25362206	Lemon & Pepper Marinated Scottish Smoked Salmon	100g
Fresh Fish	47625	25404913	Mustard And Dill Marinated Salmon	150g
Fresh Fish	47625	25404906	Mustard And Honey Marinated Salmon	150g
Fresh Fish	47625	25404920	Mustard And Orange Marinated Salmon	150g
Fresh Fish	65925	25375329	Peppered Kiln Roasted Salmon Fillets	185g
Fresh Fish	61100	25345636	Peppered Kiln Roasted Salmon Flakes	100g
Fresh Fish	58872	25322767	Salmon With Watercress And Crème Fraiche	270g
Fresh Fish	61099	25344615	Scottish Kiln Roasted Salmon Fillet With Black Pepper	125g
Fresh Fish	61099	25344608	Scottish Kiln Roasted Salmon Fillet With Dill	125g
Fresh Fish	62756	25362183	Scottish Oak & Peat Smoked Salmon	100g
Fresh Fish	5230	25319873	Sliced Smoked Salmon	200g
Fresh Fish	43401	25207286	Sliced Smoked Scottish Salmon	200g
Fresh Fish	62362	25357516	Smoked Salmon	300g
Fresh Fish	59667	25330304	Specially Selected Lightly Smoked Salmon Fillets	240g
Fresh Fish	59667	25327144	Specially Selected Salmon Fillets	240g
Fresh Fish	66790	25408034	Specially Selected Salmon Terrine	400g
Fresh Fish	67420	25405057	Specially Selected Scottish Marinated Salmon	124g
Fresh Fish	61100	25345629	Traditional Kiln Roasted Salmon Flakes	100g
Fresh Fish	61099	25346244	Traditional Scottish Kiln Roasted Salmon Fillet	125g
Fresh Fish	65847	25362190	Whisky Marinated Scottish Smoked Salmon	100g
Fresh Fish	67437	25408010	Whole Canadian Lobster	465g

Fresh Fish	63803	25428964	Cold Water Prawns	180g
Fresh Fish	70490	25445145	Marinated Prawns - Garlic And Parsley	150g
Fresh Fish	67013	25173079	Scottish Mussels - Garlic & Butter	450g
Fresh Fish	67013	25173086	Scottish Mussels - White Wine Sauce	450g
Fresh Fish	62879	25363555	Seafood Selection	230g
Spirits	66967	25400991	Blended Irish Whiskey	70cl
Spirits	63794	25371550	Bourbon Whiskey	70cl
Spirits	61842	25344967	Brandy	0.7L
Spirits	8022	25125207	Brandy 36% ABV	70cl
Spirits	3322	25006704	Dark Rum 37.5% ABV	70cl
Spirits	59537	25344974	Everyday Essentials Brandy	0.7L
Spirits	53558	25278415	Everyday Essentials Vodka	0.7L
Spirits	3319	25157888	Highland Black Whisky 40%ABV	70cl
Spirits	53149	25179217	Highland Earl Scotch Whisky Special Reserve	1L
Spirits	70029	25439526	Highland Earl Scotch Whisky Special Reserve	35cl
Spirits	3317	25157901	Highland Earl Whisky 40% ABV	70cl
Spirits	68439	25317251	London Dry Gin	1L
Spirits	3325	25006643	London Dry Gin 37.5% ABV	70cl
Spirits	68316	25406238	Old Hopking Gin	70cl
Spirits	70696	25448238	Rum Finish Single Malt Whisky	70cl
Spirits	56328	25048094	Southern Belle Liqueur	70cl
Spirits	65561	25386394	Spiced Rum	70cl
Spirits	47390	25237665	Value Whisky	70cl
Spirits	8812	25278200	Vodka	70cl
Spirits	53206	25278422	Vodka	70cl
Spirits	68438	25360875	Vodka	1L
Spirits	53557	25278194	Vodka 37.5% ABV	0.7L
Spirits	41466	25190052	VS Cognac	70cl
Spirits	3323	25006698	White Rum 37.5% ABV	70cl
Spirits	46287	25229783	Amaretto Bellucci	50cl
Spirits	65734	25388381	Blue Curacao	50cl
Spirits	70030	25441703	Crème Caramel Flavoured Drink	50cl
Spirits	65732	25388367	Crème De Framboise	50cl
Spirits	70809	25407549	Raspberry Vodka Liqueur	50cl
Spirits	65388	25357066	Specially Selected Crème De Peche	50cl
Spirits	64717	25382013	Specially Selected Summer Cocktail Liqueurs - Crème De Cassis	50cl
Spirits	69829	25436198	Austins & Lemonade Can	250ml
Spirits	68478	25381986	Bourbon Whiskey & Cola Can	250ml
Spirits	59821	25333589	Cosmopolitan Cocktail	70cl
Spirits	69826	25435863	Frozen Cocktails. Strawberry Daiquiri	250ml
Spirits	69827	25435870	Frozen Cocktails. Woo Woo	250ml
Spirits	64746	25381979	Gin & Diet Tonic Can	250ml
Spirits	64745	25381962	Gin & Tonic Can	250ml
Spirits	60294	25333596	Mojito Cocktail	70cl
Spirits	70228	25442359	Oh Gin & Diet Tonic Can	250ml
Spirits	70227	25442335	Oh Gin & Tonic Can	250ml
Sparkling Wine	51698	25266788	Bellini	75cl
Sparkling Wine	68931	25421989	Blanquette De Limoux	75cl
Sparkling Wine	69468	25430196	Bucks Fizz	75 cl
Sparkling Wine	44646	25376098	Cava	75cl
Sparkling Wine	70413	25444520	Cava Brut	750ml
Sparkling Wine	52600	25281903	Champagne Brut	75cl
Sparkling Wine	4711	25021424	Cremant Du Jura	75cl
Sparkling Wine	69470	25344653	Fairtrade Rose Moscato	75cl
Sparkling Wine	69468	25430189	Kir Royale	75 cl
Sparkling Wine	42787	25289602	Pinot Grigio Frizzante Rose	75cl
Sparkling Wine	70726	25452099	Prosecco Mini	20cl
Sparkling Wine	50776	25393828	Prosecco Spumante DOC	75cl
Sparkling Wine	43421	25432350	Prosecco Spumante DOCG	75cl
Sparkling Wine	59190	25325522	Strawberry Bellini	75cl

Wine	53820	25283617	Argentinean Malbec-Exquisite	750ml
Wine	47961	25241563	Australian Shiraz	750ml
Wine	45878	25226829	Australian Shiraz Cabernet	750ml
Wine	46693	25330007	Baron St Jean Red Wine	750ml
Wine	69656	25432848	Bordeaux Ch Latour Laguens	75cl
Wine	2530	25308204	Bushland Estate Shiraz	750ml
Wine	64255	25376104	Cabernet De Cabernet	750ml
Wine	59326	25271294	Californian Merlot	750ml
Wine	63980	25373684	Chianti DOCG	750ml
Wine	6754	25240504	Chilean Cabernet Sauvignon	750ml
Wine	58166	25316490	Chilean Pinot Noir	75cl
Wine	53783	25283310	Chilean Red Wine	75cl
Wine	66419	25394757	Clare Coonawarra Cabernet Sauvignon	750ml
Wine	7194	25005769	Claret	750ml
Wine	64457	25328912	Costieres De Nimes	750 ml
Wine	3112	25290516	Cotes Du Rhone	750ml
Wine	69335	25428025	Exquisite Collection Bordeaux Chateau Peyredouille	75cl
Wine	58195	25316711	French Malbec	750ml
Wine	54182	25286250	French Pinot Noir	750ml
Wine	68838	25420678	Gres De Montpellier	75cl
Wine	8771	25253412	Italian Red Wine	750ml
Wine	61536	25349498	Limestone Coast Cabernet Sauvignon	750ml
Wine	68841	26194134	McLaren Vale Shiraz	75cl
Wine	9637	25256000	Montepulciano	750ml
Wine	46511	25394726	Rioja Reserva	750ml
Wine	55378	25379976	Sangriana	75cl
Wine	6446	25359442	South African Pinotage	750ml
Wine	68987	25422450	South African Shiraz	75cl
Wine	53753	25311624	South Eastern Australia Shiraz	750ml
Wine	58635	25320855	Spanish Cabernet Merlot	750ml
Wine	47846	25330021	Spanish Merlot	750ml
Wine	40728	25184563	Spanish Tempranillo	750ml
Wine	65004	25382228	Toro Loco Bobal Merlot	750ml
Wine	68842	9318128000613	Tudor Shiraz	75cl
Wine	69660	25432954	Wine Bag In Box- Shiraz	2.25L
Wine	47963	25241570	Australian Chardonnay	750ml
Wine	46678	25333718	Baron St Jean Blanc	750ml
Wine	55720	25297782	Bordeaux Sauvignon Blanc	750 ml
Wine	47848	25446357	Chardonnay	75cl
Wine	53784	25283334	Chilean White Wine	750ml
Wine	68837	25420661	Clairette Du Langue DOC	75cl
Wine	64715	25379846	Cotes De Gascogne	750ml
Wine	60149	25334333	French Chardonnay	750ml
Wine	59046	25324266	French Sauvignon Blanc	750ml
Wine	68988	25422467	Gaguedi South African Sauvignon Blanc	75cl
Wine	53738	25282887	Gavi - Exquisite	750ml
Wine	3135	25005721	Hungarian Chardonnay	750ml
Wine	8800	25253399	Italian White Wine	750ml
Wine	53821	25283624	Limestone Coast Chardonnay - Exquisite	750ml
Wine	64251	25301809	Limoux Chardonnay	750ml
Wine	66426	25394818	Marlborough Sauv Blanc	75cl
Wine	64250	25376081	Marsanne	750ml
Wine	61967	25354010	New Zealand Sauvignon Blanc	750ml
Wine	58832	25230970	Perry Bib Medium Dry	3L
Wine	46893	25285758	Pinot Grigio (Sicilian)	750ml
Wine	49701	25368796	Pinot Grigio Delle Venezie	750ml
Wine	52948	25356571	Premium Chilean Sauvignon Blanc	750ml
Wine	64781	25299755	Rias Baixas Albarino	750ml

Wine	43281	25109764	Sancerre Henri De Lorgere	75cl
Wine	5897	25255997	Soave	750ml
Wine	7709	25356755	South African Chenin Blanc	750ml
Wine	45880	25356762	South African Sauvignon Blanc	750ml
Wine	59641	25330069	Specially Selected Clare Valley Riesling	750ml
Wine	59508	25328905	Specially Selected Muscadet Sevre Et Maine	750ml
Wine	2476	25240511	Specially Selected Reserva Sauvignon Blanc	750ml
Wine	53742	25282931	Specially Selected Touraine Sauvignon Blanc	750ml
Wine	70516	25445565	Toro Loco Blanco	75cl
Wine	69702	25433371	Wine Bag In A Box - Chardonnay	2.25L
Wine	8822	25382297	Wine Bag In Box Chardonnay	750ml
Wine	49473	25352276	Australian Rose Wine	750ml
Wine	46690	25330014	Baron St Jean Rose	750ml
Wine	45870	25353198	British Made Rose Wine	750ml
Wine	59327	25283716	Californian White Zinfandel	750ml
Wine	64784	25380200	Cotes De Provence Rose	750ml
Wine	70719	25448399	Fruit Fusions Summery Berry	75cl
Wine	64270	25376227	New Zealand Pinot Noir Rose	750ml
Wine	8101	25368802	Pinot Grigio Blush	750ml
Wine	43556	25208399	Toro Loco Spanish Rose	750ml
Wine	8559	25253443	Zinfandel Blush	750ml
Wine	8877	25353181	British Fortified Wine	1L
Wine	56058	25271317	Californian Chardonnay Mini Wine	18.7cl
Wine	56058	25271300	Californian Merlot Mini Wine	18.7cl
Wine	56058	25300093	Californian White Zinfandel Mini Wine	18.7cl
Wine	48139	25242560	Cream Sherry	750ml
Wine	70720	25448405	Fruit Fusions Tropical	75cl
Wine	48553	25242041	Ruby Port	750ml
Beer	5111	25359237	Orchard Premium Apple Cider	568ml
Beer	66241	25393385	Sainte Etienne Cider Raspberry	500ml
Beer	45864	25226744	Taurus Apple Cider	4 x 440ml
Beer	66148	25392531	Taurus Dark Fruit Cider	4 x 440ml
Beer	45865	25408553	Taurus Pear Cider 4.8% ABV	4 x 440ml
Soft Drinks & Juices	40745	25262704	Lemon & Lime Lite Sports Drink	4 x 500ml
Soft Drinks & Juices	40745	25262698	Orange Lite Sports Drink	4 x 500ml
Soft Drinks & Juices	40745	25187977	Orange Sports Drink	4 x 500ml
Soft Drinks & Juices	40745	25187960	Raspberry Sports Drink	4 x 500ml
Soft Drinks & Juices	69508	25226379	Ice Tea Lemon	0.5L
Soft Drinks & Juices	69508	25264562	Ice Tea Peach	0.5L
Soft Drinks & Juices	43043	25190182	Cola	2L
Soft Drinks & Juices	43043	25190175	Diet Cola	2L
Soft Drinks & Juices	66289	25190205	Diet Lemonade	2L
Soft Drinks & Juices	50936	25409109	Everyday Essentials Cola	2L
Soft Drinks & Juices	50936	25263473	Everyday Essentials Diet Cola	2L
Soft Drinks & Juices	45272	25222227	Everyday Essentials Diet Lemonade	2L

Soft Drinks & Juices	44829	25175936	Iron Brew	2L
Soft Drinks & Juices	66289	25190199	Lemonade	2L
Soft Drinks & Juices	62429	25392494	Orange Zero	2L
Soft Drinks & Juices	60309	25331349	Sparkling Alphonso Mango And Pineapple Twist	1L
Soft Drinks & Juices	60309	25378603	Sparkling Lychee And Strawberry Twist	1L
Soft Drinks & Juices	62429	25190298	Sparkling Orange Zero	2L
Soft Drinks & Juices	60309	25331332	Sparkling Raspberry And Mint Twist	1L
Soft Drinks & Juices	60309	25335507	Sparkling St Clements Twist	1L
Soft Drinks & Juices	44829	25175943	Sugar Free Iron Brew	2L
Soft Drinks & Juices	62429	25392487	Tropical Blast	2L
Soft Drinks & Juices	57494	25311228	Apple & Raspberry Fruity Water	6x250ml
Soft Drinks & Juices	57494	25311204	Blackcurrant Fruity Water	6x250ml
Soft Drinks & Juices	69970	25394184	Coconut Water	1L
Soft Drinks & Juices	50937	25263480	Everyday Essentials Sparkling Water	2L
Soft Drinks & Juices	50937	25329216	Everyday Essentials Still Water	2L
Soft Drinks & Juices	67534	25371277	Fruity Water Apple And Raspberry	6 x 250ml
Soft Drinks & Juices	67534	25371291	Fruity Water Blackcurrant	6 x 250ml
Soft Drinks & Juices	67534	25371284	Fruity Water Orange And Pineapple	6 x 250ml
Soft Drinks & Juices	57494	25311211	Orange & Pineapple Fruity Water	6x250ml
Soft Drinks & Juices	55768	25298109	Still Spring Water	500ml
Soft Drinks & Juices	44203	25377811	Still Water	12 x 500ml
Soft Drinks & Juices	67436	25405323	Still Water	4500ml
Soft Drinks & Juices	65705	25193237	Strathrowan Scottish Still Water	12 x 500ml
Soft Drinks & Juices	45575	25224412	Apple High Juice	1L
Soft Drinks & Juices	57492	25311167	Everyday Essentials Blackcurrant Squash	750ml
Soft Drinks & Juices	57492	25311174	Everyday Essentials Orange Squash	750ml
Soft Drinks & Juices	66810	25399417	No Added Sugar Apple High Juice	1L
Soft Drinks & Juices	66810	25224405	No Added Sugar Blackcurrant High Juice	1L
Soft Drinks & Juices	42501	25198539	No Added Sugar Double Strength Squash Apple & Blackcurrant	1.5L
Soft Drinks & Juices	42501	25198522	No Added Sugar Double Strength Squash Orange	1.5L
Soft Drinks & Juices	66810	25262797	No Added Sugar Orange High Juice	1L

Soft Drinks & Juices	66810	25399424	No Added Sugar Summer Fruits High Juice	1L
Soft Drinks & Juices	62418	25358087	Squirty Squash Apple And Blackcurrant	48ml
Soft Drinks & Juices	62418	25358094	Squirty Squash Lemon And Lime	48ml
Soft Drinks & Juices	62418	25358070	Squirty Squash Strawberry And Watermelon	48ml
Soft Drinks & Juices	42501	25333855	Summer Fruits	1.5L
Soft Drinks & Juices	45575	25224429	Summer Fruits High Juice	1L
Baby Products	61667	25332421	Apple & Blackcurrant Juice	500ml
Baby Products	66561	25397062	Apple, Sweet Potato, Butternut Squash And Blueberry Baby Food Pouch	120g
Baby Products	66562	25397086	Banana And Apple Baby Breakfast	100g
Baby Products	61761	25351798	Beef Casserole	130g
Baby Products	66562	25397079	Blueberry, Banana And Apple Baby Breakfast	100g
Baby Products	61660	25350340	Mamia Apple & Pear Fruit Pots	400g
Baby Products	66316	25394092	Mamia Apples And Banana Added Sugar	120g
Baby Products	66317	25394115	Mamia Apples, Carrots And Parsnips	120g
Baby Products	61760	25351781	Mamia Chicken Casserole	130g
Baby Products	61299	25371833	Mamia Juniors Mini Rice Cakes Raspberry	40g
Baby Products	62322	25357226	Mamia Just Apples	90g
Baby Products	66315	25394078	Mamia Stage 1 Strawberries And Apples	120g
Baby Products	66560	25397055	Mango, Apple & Banana Baby Food Pouch	120g
Baby Products	66562	25397093	Mango, Peach And Apple Baby Breakfast	100g