

Scrunchies

Scrunchies are quick and easy to make – they'd make a great gift!

You will need...

Fabric fat quarters
Sewing machine (optional)
Needle and thread
Scissors and pins
0.5cm or 1cm elastic
Safety pins

1. Cut fabric to measure 45cm by 12cm. Fold over one short end and top stitch to make a finished edge.
2. Fold the fabric in half lengthwise with wrong side together to make a tube. Sew along the length with a 0.5cm seam, leaving the ends open. Turn to the right side.
3. Cut elastic to measure 16cm. Thread through the tube securing the end with a safety pin and using another to feed the elastic through. Knot or stitch the ends together.
4. Insert the raw end of the tube into the finished end. Stitch across the finished end to close the scrunchie.

