

## Aldi's Sustainable For-est Garden - Full Plant List

Canopy level

Botanical Latin	Common name	Uses
Aesculus Hippocastum	Horse Chestnut	<ul style="list-style-type: none"> <li>• Good for Bees</li> <li>• Medicinal</li> <li>• Firewood or Mushroom Logs</li> </ul>
Alnus Glutinosa	Alder	<ul style="list-style-type: none"> <li>• Good for Bees</li> <li>• Nitrogen Fixing</li> <li>• Firewood or Mushroom Logs</li> </ul>
Betula Pendula	Silver Birch	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees &amp; Insects</li> <li>• Medicinal</li> <li>• Firewood or Mushroom Logs</li> </ul>
Pinus Silvestris	Scotch Pine	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees &amp; Insects</li> <li>• Firewood or Mushroom Logs</li> </ul>
Prunus Serulla Shotgetsu	Cherry	<ul style="list-style-type: none"> <li>• Good for Bees &amp; Insects</li> <li>• Firewood or Mushroom Logs</li> </ul>
Quercus Robur	Oak	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees &amp; Insects</li> <li>• Medicinal</li> <li>• Firewood or Mushroom Logs</li> </ul>
Sorbus Ulleungensis Dodong	Mountain Ash	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees &amp; Insects</li> <li>• Firewood or Mushroom Logs</li> </ul>
Taxodium Distichum	Swamp Cypress	<ul style="list-style-type: none"> <li>• Good for Bees &amp; Insects</li> <li>• Firewood or Mushroom Logs</li> </ul>



## Sub Canopy Level

Botanical Latin	Common name	Uses
Cornus Kousa	Kousa Dogwood	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees &amp; Insects</li> </ul>
Halesia Carolina	Snowdrop Tree	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> </ul>
Heptacodium Miconioides	Seven-son Flower	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> <li>• Medicinal</li> </ul>
Malus Everest	Apple	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees &amp; Insects</li> <li>• Medicinal</li> </ul>
Mespilus Germanica 'Bredase Reus'	Medlar	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees &amp; Insects</li> </ul>
Prunus Domestica Opa	Plum	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> </ul>
Prunus Victoria	Plum	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> </ul>
Pyrus Conference	Pear	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees &amp; Insects</li> </ul>



## Shrub Level

Botanical Latin	Common name	Uses
Arbutus Unedo	Strawberry Tree	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> </ul>
Calycanthus Floridus	Spicebush	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> <li>• Medicinal</li> </ul>
Ceanotus Americans/Repens	New-Jersey tea	<ul style="list-style-type: none"> <li>• Good for Bees</li> <li>• Nitrogen Fixing</li> </ul>
Corillus Avellana	Hazelnut	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Insects</li> </ul>
Crataegus Monogyna	Hawthorn	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees &amp; Insects</li> <li>• Medicinal</li> </ul>
Fuchsia Magellanica var. Molinae	Maiden Blush	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> </ul>
Ribes Nigrum	Blackcurrant	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> <li>• Medicinal</li> </ul>
Ribes Rubrum	Redcurrant	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> </ul>
Ribes sang. King Edward	Flowering currant	<ul style="list-style-type: none"> <li>• Good for Bees &amp; Insects</li> </ul>
Ribes uva-crispa 'Red Jacket'	Gooseberry	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> </ul>
Rubus Idaeus	Raspberry	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> <li>• Medicinal</li> </ul>
Sambucus nigra "Golden tower"	Elder	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> <li>• Medicinal</li> </ul>
Vibernum Opulus	Guelder rose/cramp bark	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> <li>• Medicinal</li> </ul>



## Climbers

Botanical Latin	Common name	Uses
Akebia Guintata Shirobana	Chocolate Vine	<ul style="list-style-type: none"><li>• Edible</li><li>• Good for Bees</li><li>• Medicinal</li></ul>
Humulus lupulus	Hops	<ul style="list-style-type: none"><li>• Edible</li><li>• Good for Insects</li><li>• Medicinal</li></ul>
Lonicera Periclimenum	Honeysuckle	<ul style="list-style-type: none"><li>• Good for Bees &amp; Insects</li><li>• Medicinal</li></ul>
Lonicera Sempervirens	Coral honeysuckle	<ul style="list-style-type: none"><li>• Good for Bees &amp; Insects</li><li>• Medicinal</li></ul>
Trapaeolum Tuberosum	Mashua	<ul style="list-style-type: none"><li>• Edible</li><li>• Good for Bees</li></ul>



## Herbaceous Plants

Botanical Latin	Common name	Uses
Achillea m. 'Paprika', 'Moonshine' 'Anthea'	Yarrow	<ul style="list-style-type: none"> <li>• Good for Bees &amp; Insects</li> <li>• Medicinal</li> </ul>
Alchemilla Mollis	Lady's Mantle	<ul style="list-style-type: none"> <li>• Good for Bees</li> <li>• Medicinal</li> </ul>
Angelica Archangelica	Garden Angelica	<ul style="list-style-type: none"> <li>• Good for Insects</li> <li>• Medicinal</li> </ul>
Aquilegia 'Blue Barlow'	Columbine	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> </ul>
Armoracia Rusticana	Horseradish	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Insects</li> </ul>
Asphodeline Luthea	King's Spear	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> </ul>
Campanula g. 'Alba'	Milky Bellflower	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> </ul>
Campanula Persicifolia	White Bell	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> </ul>
Crepis Aurea	Golden Hawk's-beard	<ul style="list-style-type: none"> <li>• Good for Bees &amp; Insects</li> </ul>
Cynara cardunculus, scolymus	Artichoke	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> <li>• Medicinal</li> </ul>
Delphinium Elatum	Candle Larkspur	<ul style="list-style-type: none"> <li>• Good for Bees &amp; Insects</li> </ul>
Eremurus Inderiensis	Foxtail Lily	<ul style="list-style-type: none"> <li>• Good for Bees</li> </ul>
Foeniculum Vulgare	Fennel	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> <li>• Medicinal</li> </ul>
Geum Ms 'Bradshaw'	Scarlet Avens	<ul style="list-style-type: none"> <li>• Good for Bees &amp; Insects</li> </ul>
Hemerocallis 'Bela Lugosi' 'Stella de Oro'	Daylily	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> </ul>
Hyssopus Officinalis	Hyssop	<ul style="list-style-type: none"> <li>• Good for Bees &amp; Insects</li> <li>• Medicinal</li> </ul>
Leucanthemum Vulgare	Oxeye Daisy	<ul style="list-style-type: none"> <li>• Good for Bees &amp; Insects</li> <li>• Medicinal</li> </ul>
Levisticum Officinale	Lovage	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Insects</li> </ul>
Linaria 'Peachy'	Toadflax	<ul style="list-style-type: none"> <li>• Good for Bees &amp; Insects</li> </ul>
Lupinus Polyphillus	Lupin	<ul style="list-style-type: none"> <li>• Good for Bees</li> <li>• Nitrogen Fixing</li> </ul>
Mathiasella Bup. 'Green Dream'	Mathiasella	<ul style="list-style-type: none"> <li>• Good for Bees &amp; Insects</li> </ul>
Matricaria Chamomilla	Chamomile	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> <li>• Medicinal</li> </ul>



Melissa Officinalis	Lemon Balm	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> <li>• Medicinal</li> </ul>
Mentha x piperita	Peppermint	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> <li>• Medicinal</li> </ul>
Myrrhis Odorata	Sweet Cicely	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees &amp; Insects</li> </ul>
Origanum Vulgare 'Aureum'	Golden Oregano	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> <li>• Medicinal</li> </ul>
Polygonatum x Hybridum	Solomon's seal	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> <li>• Medicinal</li> </ul>
Rheum	Rhubarb	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees &amp; Insects</li> </ul>
Rheum Palmatum	Chinese rhubarb	<ul style="list-style-type: none"> <li>• Good for Insects</li> <li>• Medicinal</li> </ul>
Rumex Acetosa	sorrel	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Insects</li> </ul>
Salvia Officinalis	Sage	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees and Insects</li> <li>• Medicinal</li> </ul>
Sanguisorba minor	burnet	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> </ul>
Smilacina Racemosa	False Solomon's Seal	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees &amp; Insects</li> </ul>
Symphytum Orientale	Comfrey	<ul style="list-style-type: none"> <li>• Good for Bees</li> <li>• Medicinal</li> </ul>
Tanacetum Parthenium	Golden Fever Few	<ul style="list-style-type: none"> <li>• Good for Bees &amp; Insects</li> <li>• Medicinal</li> </ul>
Urtica	Nettle	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees and Insects</li> <li>• Medicinal</li> </ul>
Valeriana officinalis	Valerian	<ul style="list-style-type: none"> <li>• Good for Insects</li> <li>• Medicinal</li> </ul>



## Ground Covers

Botanical Latin	Common name	Uses
Cornus Canadensis	Creeping Wood	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> </ul>
Fragaria Vesca,	Wild Strawberry	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> </ul>
Gallium Odoratum	Sweet Woodruff	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> </ul>
Hosta 'Patriot' 'Big Daddy'	Plantain Lily	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> </ul>
Matteucea Struthioperis	Ostrich Fern	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Insects</li> </ul>
Prunella Vulgaris	Heart-of-the-earth, Woundwort	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> <li>• Medicinal</li> </ul>
Thymus Vulgaris	Thyme	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> <li>• Medicinal</li> </ul>
Trifolium Repens	White Clover	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> <li>• Medicinal</li> <li>• Nitrogen Fixing</li> </ul>



## Underground Plants - Bulbs

Botanical Latin	Common name	Uses
Allium Ursium	Wild Garlic	<ul style="list-style-type: none"><li>• Edible</li><li>• Good for Bees and Insects</li><li>• Medicinal</li></ul>
Allium Nectaroscordum	Ornamental Onion	<ul style="list-style-type: none"><li>• Good for Bees &amp; Insects</li></ul>
Camassia Quamash	Camassia	<ul style="list-style-type: none"><li>• Edible</li><li>• Good for Bees</li></ul>
Hyacinthoides Non Scripta	Bluebells	<ul style="list-style-type: none"><li>• Good for Bees and Insects</li><li>• Medicinal</li></ul>
Leucojum Aestivum	Summer Snowflake	<ul style="list-style-type: none"><li>• Good for Bees and Insects</li><li>• Medicinal</li></ul>





## Mushrooms

Botanical Latin	Common name	Uses
Lentinula Edodes	Shiitake	<ul style="list-style-type: none"><li>• Edible</li><li>• Medicinal</li></ul>
Stropharia Rugosoannulata	Wine Cap	<ul style="list-style-type: none"><li>• Edible</li><li>• Good for Insects</li></ul>



## Annual Biannual Plants, Vegetables

Botanical Latin	Common name	Uses
Borago Officinalis	Borage	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees and Insects</li> <li>• Medicinal</li> </ul>
Brassica Mix	Kale, Cabbage, Kohlrabi	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees and Insects</li> </ul>
Calendula Officinalis	Marigold	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> <li>• Medicinal</li> </ul>
Isatis Tinctoria	Dyers Woad	<ul style="list-style-type: none"> <li>• Good for Bees and Insects</li> </ul>
Lactuca Sativa	Lettuce Mix	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees and Insects</li> </ul>
Linum	Flax	<ul style="list-style-type: none"> <li>• Good for Bees</li> </ul>
Pisum Sativum	Pea	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees</li> <li>• Nitrogen Fixing</li> </ul>
Solanum ycopersicum	Tomato	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Bees and Insects</li> </ul>
Spinacia Oleracea	Spinach	<ul style="list-style-type: none"> <li>• Edible</li> <li>• Good for Insects</li> </ul>
Verbascum Thapsus	Mullein	<ul style="list-style-type: none"> <li>• Good for Insects</li> <li>• Medicinal</li> </ul>



## Aquatic/ Marginal Plants

Botanical Latin	Common name	Uses
Iris Pseudacorus	Yellow Flag	<ul style="list-style-type: none"><li>• Good for Bees</li><li>• Medicinal</li></ul>
Mentha Aquatica	Water Mint	<ul style="list-style-type: none"><li>• Edible</li><li>• Good for Bees</li><li>• Medicinal</li></ul>
Myosotis Scorpioides	Water Forget Me Not	<ul style="list-style-type: none"><li>• Good for Bees and Insects</li><li>• Medicinal</li></ul>
Typha Angustifolia	Cattail/Bulrush	<ul style="list-style-type: none"><li>• Edible</li><li>• Good for Insects</li><li>• Medicinal</li></ul>

