

Soft Drinks, Juices & Mixers

No Added Sugar Double Strength Squash - Apple & Blackcurrant 1.5L



Nutrition		Per 100ml		Per serving (150ml)	
Energy	203kJ/48kcal	203kJ/48kcal	304kJ/72kcal		
Fat	<0.5g	<0.5g	<0.5g		
of which saturates	<0.1g	<0.1g	<0.1g		
Carbohydrate	11g	11g	16g		
of which sugars	<0.5g	<0.5g	<0.5g		
Fibre	<0.5g	<0.5g	16g		
Protein	<0.5g	<0.5g	0.6g		
Salt	<0.01g	<0.01g	<0.01g		

No Added Sugar Double Strength Squash - Orange 1.5L



Nutrition		Per 100ml		Per serving (150ml)	
Energy	203kJ/48kcal	203kJ/48kcal	304kJ/72kcal		
Fat	<0.5g	<0.5g	<0.5g		
of which saturates	<0.1g	<0.1g	<0.1g		
Carbohydrate	11g	11g	16g		
of which sugars	<0.5g	<0.5g	<0.5g		
Fibre	<0.5g	<0.5g	16g		
Protein	<0.5g	<0.5g	0.6g		
Salt	<0.01g	<0.01g	<0.01g		

Cola ZX 2L



Carbonated low calorie cola flavour soft drink with sweeteners
INGREDIENTS: Carbonated Water, Colour: Sulphite Ammonia Caramel; Flavourings (contain Caffeine), Acid: Phosphoric Acid; Sweeteners: Aspartame, Acesulfame K; Acidity Regulator: Sodium Citrates; Preservative: Potassium Sorbate.

Nutrition		
TYPICAL VALUES	Per 100ml	Per serving (250ml)
Energy	2kJ/0kcal	4kJ/1kcal
Fat	<0.5g	<0.5g
of which saturates	<0.1g	<0.1g
Carbohydrate	<0.5g	<0.5g
of which sugars	<0.5g	<0.5g
Fibre	<0.5g	<0.5g
Protein	<0.5g	<0.5g
Salt	0.03g	0.08g

This bottle contains 8 servings.

2 Litre e

Not From Concentrate Orange Juice Smooth 1L



ORANGE JUICE NOT FROM CONCENTRATE

DIRECTIONS FOR USE

Best served chilled. Shake well before use. Unscrew cap to break seal.

INGREDIENTS

ORANGE JUICE NOT FROM CONCENTRATE (100%).

This carton contains approx. 6 servings.

TYPICAL VALUES	Per 100ml	Per serving (150ml)
Energy	203kJ/48kcal	304kJ/72kcal
Fat	<0.5g	<0.5g
of which saturates	<0.1g	<0.1g
Carbohydrate	11g	16g
of which sugars	<0.5g	<0.5g
Fibre	<0.5g	16g
Protein	<0.5g	0.6g
Salt	<0.01g	<0.01g

VITAMINS & MINERALS	%RI**	%RI**
Vitamin C	25mg (31%)	38mg (47%)

**RI – Reference Intake

BEST BEFORE: See top of carton.

STORAGE: Keep refrigerated below 5°C. Once opened, keep refrigerated and consume within 4 days and by date shown.

*150ml of this product will provide one of your five daily portions of fruit and vegetables.

1 Litre e

Not From Concentrate Apple Juice 1L



PRESSED APPLE JUICE NOT FROM CONCENTRATE

DIRECTIONS FOR USE

Shake well before use. Unscrew cap to break seal. Recap to close.

INGREDIENTS

APPLE JUICE NOT FROM CONCENTRATE (99%), Antioxidant: Ascorbic Acid.

This carton contains approx. 6 servings.

TYPICAL VALUES	Per 100ml	Per serving (150ml)
Energy	172kJ/41kcal	258kJ/61kcal
Fat	<0.5g	<0.5g
of which saturates	<0.1g	<0.1g
Carbohydrate	9.8g	15g
of which sugars	9.8g	15g
Fibre	<0.5g	<0.5g
Protein	<0.5g	<0.5g
Salt	0.05g	0.08g

BEST BEFORE END: See top of carton.

STORAGE: Keep refrigerated below 5°C. Once opened, keep refrigerated and consume within 4 days and by date shown.

*150ml of this product will provide one of your five daily portions of fruit and vegetables.

1 Litre e

Lemonade 2L



Carbonated lemon flavoured soft drink with sugar and sweeteners

INGREDIENTS: Carbonated Water, Sugar, LEMON JUICE FROM CONCENTRATE (2%), Acid: Citric Acid; Flavourings, Acidity Regulator: Sodium Citrates; Sweeteners: Aspartame, Saccharins; Preservative: Potassium Sorbate.

Nutrition		
TYPICAL VALUES	Per 100ml	Per serving (250ml)
Energy	83kJ/20kcal	208kJ/49kcal
Fat	<0.5g	<0.5g
of which saturates	<0.1g	<0.1g
Carbohydrate	4.5g	11g
of which sugars	4.5g	11g
Fibre	<0.5g	<0.5g
Protein	<0.5g	<0.5g
Salt	<0.01g	<0.01g

This bottle contains 8 servings.

2 Litre e

Diet Lemonade 2L



Carbonated low calorie lemon flavoured soft drink with sweeteners

INGREDIENTS: Carbonated Water, LEMON JUICE FROM CONCENTRATE (2%), Acid: Citric Acid; Flavouring, Acidity Regulator: Sodium Citrates; Sweeteners: Aspartame, Saccharins; Preservative: Potassium Sorbate.

Nutrition

TYPICAL VALUES	Per 100ml	Per serving (250ml)
Energy	3kJ/1kcal	8kJ/2kcal
Fat	<0.5g	<0.5g
of which saturates	<0.1g	<0.1g
Carbohydrate	<0.5g	<0.5g
of which sugars	<0.5g	<0.5g
Fibre	<0.5g	<0.5g
Protein	<0.5g	<0.5g
Salt	<0.01g	<0.01g

This bottle contains 8 servings.

2 Litre e

Sparkling Water 2L



CARBONATED SPRING WATER

INGREDIENTS

Spring Water, Carbon Dioxide.

NUTRITION

TYPICAL VALUES	mg/litre
Calcium	38 mg/l
Magnesium	12 mg/l
Sodium	8 mg/l
Potassium	2.5 mg/l
Chloride	12 mg/l
Bicarbonate	135 mg/l
Sulphate	14 mg/l
Nitrate	5 mg/l
Dry residue at 180°C	219 mg/l
pH at source	7.8

CAUTION: Pressurised Container - Please unscrew gently, keeping hand over cap, until pressure is released.

BEST BEFORE END: See neck of bottle.

STORAGE: Store in cool, dry place away from direct sunlight. Once opened, consume within 3 days.

2 Litre e

Still Water 2L



STILL SPRING WATER

NUTRITION

TYPICAL VALUES	mg/litre
Calcium	38 mg/l
Magnesium	12 mg/l
Sodium	8 mg/l
Potassium	2.5 mg/l
Chloride	12 mg/l
Bicarbonate	135 mg/l
Sulphate	14 mg/l
Nitrate	5 mg/l
Dry residue at 180°C	219 mg/l
pH at source	7.8

BEST BEFORE END: See neck of bottle.

STORAGE: Store in cool, dry place away from direct sunlight. Once opened, consume within 3 days.

2 Litre e

Apple & Mango Juice 1L



PRESSED APPLE & MANGO JUICE NOT FROM CONCENTRATE

DIRECTIONS FOR USE

Best served chilled. Shake well before use. Unscrew cap to break seal. Recap to close.

INGREDIENTS

APPLE JUICE NOT FROM CONCENTRATE (88%), MANGO PURÉE (12%), Antioxidant: Ascorbic Acid.

NUTRITION This pack contains approx. 6 servings.

TYPICAL VALUES	Per 100ml	Per serving (150ml)
Energy	209kJ/49kcal	313kJ/74kcal
Fat	<0.5g	<0.5g
of which saturates	<0.1g	<0.1g
Carbohydrate	12g	18g
of which sugars	10g	16g
Fibre	<0.5g	<0.5g
Protein	<0.5g	<0.5g
Salt	<0.01g	<0.01g

BEST BEFORE: See top of carton.

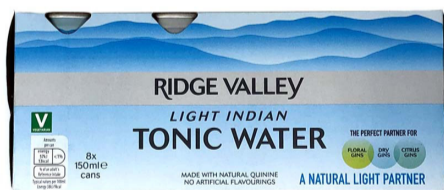
STORAGE: Store in a cool, dry place.

Once opened, keep refrigerated and consume within 5 days.

*150ml of this product will provide one of your five daily portions of fruit and vegetables.

1 Litre e

Ridge Valley Light Indian Tonic Water 8 x 150ml



CARBONATED LOW CALORIE INDIAN TONIC FLAVOUR SOFT DRINK WITH SUGAR AND SWEETENER

INGREDIENTS

Carbonated Water, Fructose, Acid: Citric Acid; Flavouring (contains Quinine), Acidity Regulator: Sodium Citrates; Preservative: Potassium Sorbate; Sweetener: Sucralose.

DIETARY ADVICE: Suitable for vegetarians. No artificial flavourings.

NUTRITION This pack contains 8 cans.

TYPICAL VALUES	Per 100ml	Per can (150ml)	%*RI
Energy	38kJ/9kcal	57kJ/13kcal	<1%
Fat	<0.5g	<0.5g	<1%
of which saturates	<0.1g	<0.1g	<1%
Carbohydrate	2.0g	3.0g	
of which sugars	<0.5g	<0.5g	3%
Fibre	<0.5g	<0.5g	
Protein	<0.5g	<0.5g	
Salt	0.03g	0.04g	<1%

*RI = Reference Intake. Reference Intake of an Average Adult (8400kJ/2000kcal).

BEST BEFORE END: See base of can.

STORAGE: Store in a cool dry place away from strong odours and direct sunlight.

Best served chilled.



8 x 150ml e

If you are not entirely satisfied with this product please return it to the store where it was purchased and we will be pleased to replace or refund it. This does not affect your statutory rights.

SPECIALLY PRODUCED FOR:
Aldi Stores Ltd., PO Box 26, Atherstone, Warwickshire CV9 2SH.
Aldi Stores (Ireland) Ltd., PO Box 726, Naas, Co. Kildare.
www.aldi.com

Coke Zero 330ml



Sparkling Low Calorie Soft Drink with Vegetable Extracts with Sweeteners

Ingredients: Carbonated Water, Colour (Caramel E150d), Phosphoric Acid, Sweeteners (Aspartame, Acesulfame K), Natural Flavourings Including Caffeine, Acidity Regulator (Sodium Citrate).
Contains a Source of Phenylalanine.

Best before end. See base of can for date. Store cool and dry.

best served chilled

330ml e

NUTRITION INFORMATION	TYPICAL VALUES
Per:	100ml 330ml (%*)
Energy:	1.4kJ 5kJ
	0.3kcal 1kcal (0%)
Fat:	0g (0%)
of which saturates:	0g (0%)
Carbohydrate:	0g (0%)
of which sugars:	0g (0%)
Protein:	0g (0%)
Salt:	0.02g 0.07g (1%)

*Reference intake of an average adult (8400kJ/2000kcal)

Stimulation Drink Single



Stimulation Drink 6 X 250ml



Carbonated mixed fruit flavour drink with taurine, caffeine and B vitamins, with sugars and sweeteners.

High caffeine content. Not recommended for children or pregnant or breast feeding women (32mg per 100ml).

INGREDIENTS: Carbonated Water, Glucose-Fructose Syrup, Sugar, Acid: Citric Acid, TAURINE (0.4%), Acidity Regulator: Sodium Citrates, Flavouring, Colours: Plain Caramel, Riboflavins, CAFFEINE (0.032%), Preservative: Potassium Sorbate, Sweeteners: Sucralose, Acesulfame K; Vitamins: Niacin, Pantothenic Acid, Vitamin B6, Vitamin B12. Niacin, Pantothenic Acid, Vitamin B6 and Vitamin B12 contribute to normal energy-yielding metabolism and to the reduction of tiredness and fatigue.

250ml contains at least 83% of these vitamin reference intakes. Consume moderately as part of a varied and balanced diet and healthy lifestyle.

DIETARY ADVICE: Suitable for vegetarians.

Nutrition

TYPICAL VALUES	Per 100ml	Per 250ml can
Energy	106kJ/25kcal	266kJ/62kcal
Fat	<0.5g	<0.5g
Of which saturates	<0.1g	<0.1g
Carbohydrate	5.6g	14g
Of which sugars	4.8g	12g
Fibre	<0.5g	<0.5g
Protein	<0.5g	<0.5g
Salt	0.17g	0.43g

Vitamins

	Per 100ml	%RI*	Per 250ml can	%RI*
Niacin	8mg	50%	20mg	125%
Vitamin B6	1.88mg	134%	4.7mg	336%
Vitamin B12	2µg	80%	5µg	200%
Pantothenic Acid	1.98mg	33%	4.95mg	83%

*RI= Reference Intake.

This can contains a single serving.

Best served chilled.

Carbonated mixed fruit flavour drink with taurine, caffeine and B vitamins, with sugars and sweeteners

High caffeine content. Not recommended for children or pregnant or breast-feeding women (32mg per 100ml).

INGREDIENTS: Carbonated Water, Glucose-Fructose Syrup, Sugar, Acid: Citric Acid; TAURINE (0.4%), Acidity Regulator: Sodium Citrates; Flavouring, Colours: Plain Caramel, Riboflavins; CAFFEINE (0.032%), Preservative: Potassium Sorbate; Sweeteners: Sucralose, Acesulfame K; Vitamins: Niacin, Pantothenic Acid, Vitamin B6, Vitamin B12.

DIETARY ADVICE: Suitable for vegetarians.

Best Before End: See base of can.

STORAGE: Store in a cool, dry place away from direct sunlight.

Best served chilled

6 x 250ml e

Nutrition			
TYPICAL VALUES	Per 100ml	Per can (250ml)	
Energy	106kJ/25kcal	266kJ/62kcal	
Fat	<0.5g	<0.5g	
Of which saturates	<0.1g	<0.1g	
Carbohydrate	5.6g	14g	
Of which sugars	4.8g	12g	
Fibre	<0.5g	<0.5g	
Protein	<0.5g	<0.5g	
Salt	0.17g	0.43g	
Vitamins			
	Per 100ml	%RI*	Per Can (250ml) %RI*
Niacin	8mg	50%	20mg 125%
Vitamin B6	1.88mg	134%	4.7mg 336%
Vitamin B12	2µg	80%	5µg 200%
Pantothenic Acid	1.98mg	33%	4.95mg 83%

*RI = Reference Intake
This pack contains
6 cans.