

Why foodbanks are important.

It's a sad fact that so many people live below the poverty line in the UK, including people in your area. This means people are going hungry because of problems like benefit delays or unexpected bills slicing into their already limited income. Latest reports show that the number of foodbank users in the UK is increasing and the figures are growing year on year. Your local foodbanks are providing help and support to people in your area who are struggling to feed themselves and their family.

How foodbanks work

Schools, churches, businesses and individuals donate non-perishable, in-date food to their foodbank. This food is checked that it's in date and packed into boxes ready for collection. People in crisis are issued with a voucher through a referral from their local citizens advice, social worker or charity, which they can exchange at their local foodbank for a package of emergency food. Volunteers at the foodbanks can also meet clients over a free hot drink, meal and a chat so they can direct them to organisations who can help solve longer-term problems.

How you can help

You can donate yourself to your local foodbank or volunteer your services. The winner of our Supermarket Sweep will also be helping those less fortunate in their community, with the value of their prize being donated in cash by Aldi to their nominated local foodbanks.



Everyday Amazing.