



Your Helpful Daily Schedule

Trying to juggle your day while the kids are off school? Hopefully this helpful daily schedule will give you some much-needed inspiration.

8am-9am

Get Up

Breakfast / Bedmaking / Get Dressed

9am-10am

Get Active

Yoga / Dance / Run / Ball Games

10am-11.30am

Get Schooled

Journal / Quiz / Times Tables / Activity Books / Flash Cards

11.30am

Get Cooking

Make and Bake

12pm

Lunch Time

12.30pm-2.30pm

Get Creative

Lego / Drawing / Creative Crafts / Experiments

2.30pm-3.30pm

Get Focused

Educational Games / Puzzles / Games / Jigsaws / Reading / Colouring In / Nap

3.30pm

Get Happy

Music / Cooking / Hobbies

4.30pm

Get Happy

Tidy Bedrooms / Tidy Playroom / Water Plants / Sweep / Put the Bins Out / Prepare dinner

5pm

Dinner Time

6pm-8pm

**Free Screen Time or Family Fun Time
- they deserve it!**