



ALDI Food Parcel

Approx. weight 14kg

Allergens: Contains Milk, Hazelnuts, Wheat, Fish, Soya, Peanuts, Gluten, Barley, Egg, Celery, Celeriac, Mustard

Lacura Anti Bacterial Handwash



LACURA[®] BODYCARE FOR YOU

Formulated for normal skin. Caring Protecting Handwash cleans your hands effectively. With added moisturisers your hands will be left feeling soft, smooth and reassuringly clean. Developed to kill 99.9% of bacteria and is dermatologically approved.

LACURA, CARES FOR YOU

DIRECTIONS FOR USE: Turn pump to release. Press pump down to dispense onto hands. Massage into a lather with water and rinse thoroughly. For frequent use. This product is not a replacement for good hygienic practices.

INGREDIENTS: Aqua, Sodium Laureth Sulfate, Cocamidopropyl Betaine, Citric Acid, Sodium Chloride, Trisodium Sulfosuccinate, Disodium EDTA, Sodium Benzoate, Parfum, Glycerin, Potassium Sorbate, Hexyl Cinnamal, Linalool, Benzophenone-1, Lactic Acid, Sodium Hydroxide, Hexylene Glycol, CI 42051.

WARNING: Avoid contact with eyes but should this occur gently rinse with clean warm water. Avoid contact with natural stone surfaces and stainless steel.

STORAGE: Store away from direct sunlight.

recyclenow.com
BOTTLE - PLASTIC widely recycled
PUMP - MIXED MATERIAL check local recycling
Produced in the UK.



If you are not entirely satisfied with this product please return it to the store where it was purchased and we will be pleased to replace or refund it. This does not affect your statutory rights.
SPECIALLY PRODUCED FOR: ALDI STORES LTD., PO BOX 26, ATHERSTONE, WARWICKSHIRE CV9 2SH.
ALDI STORES (IRELAND) LTD., PO BOX 726, NAAS, CO. KILDARE. Visit us at www.aldi.com

ALR1606306

25363159

4 Pack of Aloe Vera Toilet Tissue



4 Pack of Aloe Vera Toilet Tissue

Luxury Toilet Tissue 4 Pack - Alternative product depending on availability

Jobjoba Toilet Tissue - Alternative product depending on availability



Minestrone Soup



A SOUP MADE WITH VEGETABLES, COOKED PASTA AND HARICOT BEANS
INGREDIENTS: Water, COOKED PASTA (15%) (Water, Durum Wheat Semolina), CARROT (8%), POTATO (7%), Tomato Paste, HARICOT BEANS (4%), Petits Pois, LEEK (3%), Onion, Red Pepper, Cornflour, Parmigiano Reggiano Cheese (MILK), Yeast Extract Powder, Sea Salt, Basil, Parsley, Garlic Purée, Oregon, Olive Oil, Black Pepper.
ALLERGY ADVICE: For allergens, including cereals containing gluten, see ingredients in bold. No artificial colours, flavourings or preservatives.
Best Before End: See base of can.
STORAGE: Store unopened can in a cool, dry place. Once opened, transfer contents into an airtight non-metallic container, refrigerate and use within 2 days.
Caution: Care should be taken when opening and disposing of all cans.

Nutrition	
TYPICAL VALUES	Per 100g (as sold)
Energy	188kJ/44kcal
Fat of which saturates	<0.5g 0.2g
Carbohydrate of which sugars	7.6g 2.1g
Fibre	1.2g
Protein	1.7g
Salt	0.43g

This can contains 2 (200g) servings.

RINSE
Widely Recycled

400g e
LALD1070 4088600039466

British Semi-Skimmed Milk Long Life



Ultra heat treated homogenised semi-skimmed milk

Nutrition		
TYPICAL VALUES	Per 100ml	Per serving (%*RI) (250ml)
Energy	206kJ/49kcal	514kJ/122kcal (6%)
Fat of which saturates	1.7g 1.3g	4.3g 2.8g (6%) (14%)
Carbohydrate of which sugars	4.8g 4.8g	12g 12g (13%)
Fibre	<0.5g	<0.5g
Protein	3.6g	9.0g
Salt	0.11g	0.28g (5%)

Vitamins & Minerals		
	Per 100ml	%*RI Per 250ml
Vitamin B12	0.21µg	8% 0.53µg 21%
Calcium	124mg	16% 310mg 39%

*RI = Reference Intake.
Reference Intake of an Average Adult (8400kJ/2000kcal).
This carton contains 4 servings.

Best Before: See top of carton.
STORAGE: Store in a cool, dry place. Once opened, refrigerate and consume within 3 days.
Produced in the UK using British milk.

UK CV001 EC
WIDELY RECYCLED AT RECYCLING POINTS
Check Locally Kerbside

If you are not entirely satisfied with this product please return it to the store where it was purchased and we will be pleased to replace or refund it. This does not affect your statutory rights.

SPECIALLY PRODUCED FOR:
ALDI STORES LTD., PO BOX 26, ATHERSTONE, WARWICKSHIRE CV9 2SH.
ALDI STORES (IRELAND) LTD., PO BOX 726, NAAS, CO. KILDARE. Visit us at www.aldi.com

4088600011332

Rice Pudding



CREAMED RICE PUDDING

DIRECTIONS FOR USE

MICROWAVE
750W 1½ mins stir and re-cover 1 min 45 secs

Empty contents into a non-metallic container. Cover with microwaveable film or a saucer. Heat on full power for the time specified, stir and re-cover as directed. Stir before serving.
CAUTION: Beware of escaping steam when removing film or saucer. Handle carefully to avoid scalding.

HOB
Empty contents into a saucepan and heat gently for 4-5 minutes, stirring occasionally. Do not boil.

Ensure product is thoroughly heated and piping hot throughout before serving. Do not re-heat.

INGREDIENTS
Whole Milk, Skimmed Milk, Water, RICE, Sugar, Dextrose, Whey Powder (MILK), Flavouring.

ALLERGY ADVICE: For allergens, see ingredients in bold.
DIETARY ADVICE: Suitable for vegetarians.
CAUTION: Care should be taken when opening and disposing of all cans.

400g e RE MITO EC

NUTRITION (The can contains 2 servings)

TYPICAL VALUES	Per 100g	Per 12 can (200g)
Energy	408kJ/98kcal	816kJ/195kcal
Fat	2.2g	4.3g
of which saturates	1.4g	2.7g
Carbohydrate	16g	32g
of which sugars	8.9g	18g
Fibre	<0.5g	<0.5g
Protein	2.2g	4.4g
Salt	0.09g	0.18g

BEST BEFORE END: See end of can.
STORAGE: Store unopened can in a cool, dry place. Once opened, transfer contents to an airtight non-metallic container, refrigerate and consume within 3 days.

If you are not entirely satisfied with this product please return it to the store where it was purchased and we will be pleased to replace or refund it. This does not affect your statutory rights.

SPECIALLY PRODUCED FOR:
ALDI STORES LTD., PO BOX 26, ATHERSTONE, WARWICKSHIRE CV9 2SH.
ALDI STORES (IRELAND) LTD., PO BOX 726, NAAS, CO. KILDARE. Visit us at www.aldi.com

Widely Recycled

Snackrite Salted Peanuts

WARNING: Small children can choke on nuts.



Ingredients: Peanuts, Sunflower Oil, Salt
Store in a cool, dry place.
Once opened, store in an airtight container and consume within 7 days

Nutrition

TYPICAL VALUES	Per 100g	Per serving (30g)
Energy	2635KJ/636kcal	791kJ/191kcal
Fat of which saturates	53g 7.6g	16g 2.3g
Carbohydrate of which sugars	9.9g 3.5g	3.0g 1.1g
Fibre	4.7g	1.4g
Protein	28g	8.3g
Salt	0.86g	0.26g

This pack contains approx. 13 servings.

Biscuit Barrel Assortment



700g e

IT'S WHAT'S INSIDE THAT COUNTS

ALDI **Widely Recycled**

NICE BISCUITS		BOURBON CREAMS		SHORTBREAD		CUSTARD CREAMS	
TYPICAL VALUES	Per 100g	TYPICAL VALUES	Per 100g	TYPICAL VALUES	Per 100g	TYPICAL VALUES	Per 100g
Energy	2076kJ/495kcal	2076kJ/495kcal	2076kJ/495kcal	2076kJ/495kcal	2076kJ/495kcal	2076kJ/495kcal	2076kJ/495kcal
Fat	21g	21g	21g	21g	21g	21g	21g
of which saturates	13g	13g	13g	13g	13g	13g	13g
Carbohydrate	53g	53g	53g	53g	53g	53g	53g
of which sugars	17g	17g	17g	17g	17g	17g	17g
Fibre	1.6g	1.6g	1.6g	1.6g	1.6g	1.6g	1.6g
Protein	6.8g	6.8g	6.8g	6.8g	6.8g	6.8g	6.8g
Salt	0.55g	0.55g	0.55g	0.55g	0.55g	0.55g	0.55g

Custard Creams x 2 - Alternative product depending on availability

300g e

ALDI **Widely Recycled**

Gold Blend Tea Bags



80

DIPLOMAT

Gold BLEND

250g e

80 Tea Bags

ALDI **Widely Recycled**

Red Label Tea Bags - Alternative product depending on availability

Red Label Original Blend Round Tea Bags

500g e 160 Tea Bags

ALDI **Widely Recycled**

Alcafé Gold Roast Coffee



GOLD ROAST FREEZE DRIED INSTANT COFFEE GRANULES

DIRECTIONS FOR USE

Use one teaspoon to a cup. Pour on hot, but not boiling water and stir. Add milk or cream and sugar to taste.

BEST BEFORE END: See bottom of jar.

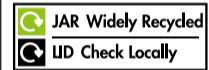
STORAGE: Store in a cool, dry place.

200g e

If you are not entirely satisfied with this product please return it to the store where it was purchased and we will be pleased to replace or refund it. This does not affect your statutory rights.



SPECIALLY PRODUCED FOR:
Aldi Stores Ltd., PO Box 26, Atherstone, Warwickshire CV9 2SH.
Aldi Stores (Ireland) Ltd., PO Box 726, Naas, Co. Kildare.
www.aldi.com



Premium Baked Beans



420g e

ALDI **Widely Recycled**

Peeled Plum Tomatoes



Peeled Plum Tomatoes

400g e

ALDI **Widely Recycled**

Everyday Essential Peeled Plum Tomatoes - Alternative product depending on availability

Peeled plum tomatoes in tomato juice

400g e

ALDI **Widely Recycled**

TYPICAL VALUES	Per 100g	Per 1/2 can (200g)
Energy	95kJ/23kcal	191kJ/46kcal
Fat	<0.5g	<0.1g
of which saturates	<0.1g	<0.1g
Carbohydrate	3.8g	7.6g
of which sugars	3.8g	7.6g
Fibre	0.8g	1.6g
Protein	1.1g	2.2g
Salt	<0.01g	0.02g

Cucina Bolognese Pasta Sauce



Cucina Bolognese Pasta Sauce

500g e

ALDI **Widely Recycled**

TYPICAL VALUES	Per 100g	Per 1/2 can (200g)
Energy	95kJ/23kcal	191kJ/46kcal
Fat	<0.5g	<0.1g
of which saturates	<0.1g	<0.1g
Carbohydrate	3.5g	7.0g
of which sugars	3.5g	7.0g
Fibre	1.0g	2.0g
Protein	1.2g	2.4g
Salt	0.02g	0.04g

Pack of 4 Tuna Chunks in Brine



SKIPJACK TUNA CHUNKS IN BRINE

INGREDIENTS
Skipjack Tuna (*Katsuwonus pelamis*) (FNA), Water, Salt.

ALLERGY ADVICE: For allergens, see ingredients in bold.

WARNING: Although every effort has been made to remove bones, some small bones may remain.

CAUTION: Care should be taken when opening and disposing of all cans.

NUTRITION This pack contains 8 servings.

TYPICAL VALUES (drained)	Per 100g	Per 1/2 can (56g)
Energy	466kJ/109kcal	258kJ/61kcal
Fat	1.0g	0.5g
of which saturates	0.3g	0.2g
Carbohydrate	<0.5g	<0.5g
of which sugars	<0.5g	<0.5g
Fibre	<0.5g	<0.5g
Protein	25g	14g
Salt	0.73g	0.41g

BEST BEFORE END: See end of can.

STORAGE: Store unopened can in a cool, dry place. Once opened, transfer contents to an airtight, non-metallic container, refrigerate and consume within 2 days.

640g (4 x 160g)
448g (4 x 112g) drained weight

If you are not entirely satisfied with this product please return it to the store where it was purchased and we will be pleased to replace or refund it. This does not affect your statutory rights.

SPECIALLY PRODUCED FOR:
Aldi Stores Ltd., PO Box 26, Alderstone, Warwickshire CV9 2SH.
Aldi Stores (Ireland) Ltd., PO Box 726, Naas, Co. Kildare.
www.aldi.com

Widely Recycled

Bramwells Chicken & Noodle Soup



Chicken & Noodle Soup

DIRECTIONS FOR USE

MICROWAVE Empty contents into a microwaveable container. Cover with microwaveable film or a saucer. Cook on full power for the time specified. Stir and re-cover as directed. See before serving.

SAUCEPAN Empty contents of can into a saucepan and heat gently for approximately 4-5 minutes, stirring occasionally. Do not boil.

NUTRITION This can contains 2 servings.

TYPICAL VALUES (served)	Per 100g	Per 1/2 can (200g)
Energy	1481kJ/352kcal	2962kJ/594kcal
Fat	5.2g	10.4g
of which saturates	4.0g	8.0g
Carbohydrate	1.0g	2.0g
of which sugars	0.5g	1.0g
Fibre	1.0g	2.0g
Protein	4.0g	8.0g
Salt	0.5g	1.0g

BEST BEFORE END: See end of can.

STORAGE: Store unopened can in a cool, dry place. Once opened, transfer contents to an airtight, non-metallic container, refrigerate and consume within 2 days.

Widely Recycled

Bramwells Cream of Tomato Soup



CREAM OF TOMATO SOUP

DIRECTIONS FOR USE

MICROWAVE Empty contents into a microwaveable container. Cover with microwaveable film or a saucer. Cook on full power for the time specified. Stir and re-cover as directed. See before serving.

SAUCEPAN Empty contents of can into a saucepan and heat gently for approximately 4-5 minutes, stirring occasionally. Do not boil.

NUTRITION This can contains 2 servings.

TYPICAL VALUES (served)	Per 100g	Per 1/2 can (200g)
Energy	236kJ/56kcal	472kJ/112kcal
Fat	2.3g	4.6g
of which saturates	0.2g	0.4g
Carbohydrate	7.0g	14.0g
of which sugars	4.0g	8.0g
Fibre	0.6g	1.2g
Protein	0.8g	1.6g
Salt	0.5g	1.0g

BEST BEFORE END: See end of can.

STORAGE: Store unopened can in a cool, dry place. Once opened, transfer contents to an airtight, non-metallic container, refrigerate and consume within 2 days.

Widely Recycled

Carrot & Coriander Soup - Alternative product depending on availability

DIRECTIONS FOR USE

MICROWAVE Empty contents into a microwaveable container. Cover with microwaveable film or a saucer. Cook on full power for the time specified. Stir and re-cover as directed. See before serving.

SAUCEPAN Empty contents of can into a saucepan and heat gently for approximately 4-5 minutes, stirring occasionally. Do not boil.

NUTRITION This can contains 2 servings.

TYPICAL VALUES (served)	Per 100g	Per 1/2 can (200g)
Energy	1481kJ/352kcal	2962kJ/594kcal
Fat	5.2g	10.4g
of which saturates	4.0g	8.0g
Carbohydrate	1.0g	2.0g
of which sugars	0.5g	1.0g
Fibre	1.0g	2.0g
Protein	4.0g	8.0g
Salt	0.5g	1.0g

BEST BEFORE END: See end of can.

STORAGE: Store unopened can in a cool, dry place. Once opened, transfer contents to an airtight, non-metallic container, refrigerate and consume within 2 days.

Widely Recycled

Bramwells Medium Chilli Con Carne



Chilli Con Carne

DIRECTIONS FOR USE

MICROWAVE Empty contents into a microwaveable container. Cover with microwaveable film or a saucer. Cook on full power for the time specified. Stir and re-cover as directed. See before serving.

SAUCEPAN Empty contents of can into a saucepan and heat gently for approximately 4-5 minutes, stirring occasionally. Do not boil.

NUTRITION This can contains 2 servings.

TYPICAL VALUES (served)	Per 100g	Per 1/2 can (200g)
Energy	420kJ/100kcal	840kJ/200kcal
Fat	4.6g	9.2g
of which saturates	1.6g	3.2g
Carbohydrate	4.1g	8.2g
of which sugars	2.0g	4.0g
Fibre	0.8g	1.6g
Protein	1.5g	3.0g

BEST BEFORE END: See end of can.

STORAGE: Store unopened can in a cool, dry place. Once opened, transfer contents to an airtight, non-metallic container, refrigerate and consume within 2 days.

Widely Recycled

Basmati Rice - 1kg



Basmati Rice

DIRECTIONS FOR USE

MICROWAVE Empty contents into a microwaveable container. Cover with microwaveable film or a saucer. Cook on full power for the time specified. Stir and re-cover as directed. See before serving.

SAUCEPAN Empty contents of can into a saucepan and heat gently for approximately 4-5 minutes, stirring occasionally. Do not boil.

NUTRITION This can contains 2 servings.

TYPICAL VALUES (served)	Per 100g	Per 1/2 can (200g)
Energy	1481kJ/352kcal	2962kJ/594kcal
Fat	5.2g	10.4g
of which saturates	4.0g	8.0g
Carbohydrate	1.0g	2.0g
of which sugars	0.5g	1.0g
Fibre	1.0g	2.0g
Protein	4.0g	8.0g
Salt	0.5g	1.0g

BEST BEFORE END: See end of can.

STORAGE: Store unopened can in a cool, dry place. Once opened, transfer contents to an airtight, non-metallic container, refrigerate and consume within 2 days.

Widely Recycled

2 x Long Grain Rice 250g - Alternative product depending on availability

DIRECTIONS FOR USE

MICROWAVE Empty contents into a microwaveable container. Cover with microwaveable film or a saucer. Cook on full power for the time specified. Stir and re-cover as directed. See before serving.

SAUCEPAN Empty contents of can into a saucepan and heat gently for approximately 4-5 minutes, stirring occasionally. Do not boil.

NUTRITION This can contains 2 servings.

TYPICAL VALUES (served)	Per 100g	Per 1/2 can (200g)
Energy	1481kJ/352kcal	2962kJ/594kcal
Fat	5.2g	10.4g
of which saturates	4.0g	8.0g
Carbohydrate	1.0g	2.0g
of which sugars	0.5g	1.0g
Fibre	1.0g	2.0g
Protein	4.0g	8.0g
Salt	0.5g	1.0g

BEST BEFORE END: See end of can.

STORAGE: Store unopened can in a cool, dry place. Once opened, transfer contents to an airtight, non-metallic container, refrigerate and consume within 2 days.

Widely Recycled

Fusilli



Fusilli

DIRECTIONS FOR USE

MICROWAVE Empty contents into a microwaveable container. Cover with microwaveable film or a saucer. Cook on full power for the time specified. Stir and re-cover as directed. See before serving.

SAUCEPAN Empty contents of can into a saucepan and heat gently for approximately 4-5 minutes, stirring occasionally. Do not boil.

NUTRITION This can contains 2 servings.

TYPICAL VALUES (served)	Per 100g	Per 1/2 can (200g)
Energy	1481kJ/352kcal	2962kJ/594kcal
Fat	5.2g	10.4g
of which saturates	4.0g	8.0g
Carbohydrate	1.0g	2.0g
of which sugars	0.5g	1.0g
Fibre	1.0g	2.0g
Protein	4.0g	8.0g
Salt	0.5g	1.0g

BEST BEFORE END: See end of can.

STORAGE: Store unopened can in a cool, dry place. Once opened, transfer contents to an airtight, non-metallic container, refrigerate and consume within 2 days.

Widely Recycled

Cucina Fusilli - Alternative product depending on availability

DIRECTIONS FOR USE

MICROWAVE Empty contents into a microwaveable container. Cover with microwaveable film or a saucer. Cook on full power for the time specified. Stir and re-cover as directed. See before serving.

SAUCEPAN Empty contents of can into a saucepan and heat gently for approximately 4-5 minutes, stirring occasionally. Do not boil.

NUTRITION This can contains 2 servings.

TYPICAL VALUES (served)	Per 100g	Per 1/2 can (200g)
Energy	1481kJ/352kcal	2962kJ/594kcal
Fat	5.2g	10.4g
of which saturates	4.0g	8.0g
Carbohydrate	1.0g	2.0g
of which sugars	0.5g	1.0g
Fibre	1.0g	2.0g
Protein	4.0g	8.0g
Salt	0.5g	1.0g

BEST BEFORE END: See end of can.

STORAGE: Store unopened can in a cool, dry place. Once opened, transfer contents to an airtight, non-metallic container, refrigerate and consume within 2 days.

Widely Recycled

Stewed Steak - Alternative product depending on availability

DIRECTIONS FOR USE

MICROWAVE Empty contents into a microwaveable container. Cover with microwaveable film or a saucer. Cook on full power for the time specified. Stir and re-cover as directed. See before serving.

SAUCEPAN Empty contents of can into a saucepan and heat gently for approximately 4-5 minutes, stirring occasionally. Do not boil.

NUTRITION This can contains 2 servings.

TYPICAL VALUES (served)	Per 100g	Per 1/2 can (200g)
Energy	1481kJ/352kcal	2962kJ/594kcal
Fat	5.2g	10.4g
of which saturates	4.0g	8.0g
Carbohydrate	1.0g	2.0g
of which sugars	0.5g	1.0g
Fibre	1.0g	2.0g
Protein	4.0g	8.0g
Salt	0.5g	1.0g

BEST BEFORE END: See end of can.

STORAGE: Store unopened can in a cool, dry place. Once opened, transfer contents to an airtight, non-metallic container, refrigerate and consume within 2 days.

Widely Recycled

2x: Classic Basmati Rice 250g - Alternative product depending on availability

DIRECTIONS FOR USE

MICROWAVE Empty contents into a microwaveable container. Cover with microwaveable film or a saucer. Cook on full power for the time specified. Stir and re-cover as directed. See before serving.

SAUCEPAN Empty contents of can into a saucepan and heat gently for approximately 4-5 minutes, stirring occasionally. Do not boil.

NUTRITION This can contains 2 servings.

TYPICAL VALUES (served)	Per 100g	Per 1/2 can (200g)
Energy	1481kJ/352kcal	2962kJ/594kcal
Fat	5.2g	10.4g
of which saturates	4.0g	8.0g
Carbohydrate	1.0g	2.0g
of which sugars	0.5g	1.0g
Fibre	1.0g	2.0g
Protein	4.0g	8.0g
Salt	0.5g	1.0g

BEST BEFORE END: See end of can.

STORAGE: Store unopened can in a cool, dry place. Once opened, transfer contents to an airtight, non-metallic container, refrigerate and consume within 2 days.

Widely Recycled

2x Classic Whole Grain Rice 250g - Alternative product depending on availability

DIRECTIONS FOR USE

MICROWAVE Empty contents into a microwaveable container. Cover with microwaveable film or a saucer. Cook on full power for the time specified. Stir and re-cover as directed. See before serving.

SAUCEPAN Empty contents of can into a saucepan and heat gently for approximately 4-5 minutes, stirring occasionally. Do not boil.

NUTRITION This can contains 2 servings.

TYPICAL VALUES (served)	Per 100g	Per 1/2 can (200g)
Energy	1481kJ/352kcal	2962kJ/594kcal
Fat	5.2g	10.4g
of which saturates	4.0g	8.0g
Carbohydrate	1.0g	2.0g
of which sugars	0.5g	1.0g
Fibre	1.0g	2.0g
Protein	4.0g	8.0g
Salt	0.5g	1.0g

BEST BEFORE END: See end of can.

STORAGE: Store unopened can in a cool, dry place. Once opened, transfer contents to an airtight, non-metallic container, refrigerate and consume within 2 days.

Widely Recycled

Penne - Alternative product depending on availability

DIRECTIONS FOR USE

MICROWAVE Empty contents into a microwaveable container. Cover with microwaveable film or a saucer. Cook on full power for the time specified. Stir and re-cover as directed. See before serving.

SAUCEPAN Empty contents of can into a saucepan and heat gently for approximately 4-5 minutes, stirring occasionally. Do not boil.

NUTRITION This can contains 2 servings.

TYPICAL VALUES (served)	Per 100g	Per 1/2 can (200g)
Energy	1481kJ/352kcal	2962kJ/594kcal
Fat	5.2g	10.4g
of which saturates	4.0g	8.0g
Carbohydrate	1.0g	2.0g
of which sugars	0.5g	1.0g
Fibre	1.0g	2.0g
Protein	4.0g	8.0g
Salt	0.5g	1.0g

BEST BEFORE END: See end of can.

STORAGE: Store unopened can in a cool, dry place. Once opened, transfer contents to an airtight, non-metallic container, refrigerate and consume within 2 days.

Widely Recycled

Penne - Alternative product depending on availability

DIRECTIONS FOR USE

MICROWAVE Empty contents into a microwaveable container. Cover with microwaveable film or a saucer. Cook on full power for the time specified. Stir and re-cover as directed. See before serving.

SAUCEPAN Empty contents of can into a saucepan and heat gently for approximately 4-5 minutes, stirring occasionally. Do not boil.

NUTRITION This can contains 2 servings.

TYPICAL VALUES (served)	Per 100g	Per 1/2 can (200g)
Energy	1481kJ/352kcal	2962kJ/594kcal
Fat	5.2g	10.4g
of which saturates	4.0g	8.0g
Carbohydrate	1.0g	2.0g
of which sugars	0.5g	1.0g
Fibre	1.0g	2.0g
Protein	4.0g	8.0g
Salt	0.5g	1.0g

BEST BEFORE END: See end of can.

STORAGE: Store unopened can in a cool, dry place. Once opened, transfer contents to an airtight, non-metallic container, refrigerate and consume within 2 days.

Widely Recycled

Part Baked Rolls



DIRECTIONS FOR USE: Remove all packaging.

OVEN Place on a baking tray on the middle shelf of a preheated oven for the time specified, or until light golden in colour, ensuring not to overcook.

Ensure the product is thoroughly cooked and piping hot throughout. Do not reheat. Not suitable for microwave cooking.

INGREDIENTS
Wholemeal Flour, Wheat Flour, Water, Yeast, Fermented Wheat Flour, Salt, Dried Yeast, Antioxidant: Ascorbic Acid, Malted Wheat Flour, Refined Malted Barley Flour, Wheat Gluten, Wheatgerm.

ALLERGY ADVICE: For allergens, see ingredients in bold. May also contain sesame and other gluten sources.

DIETARY ADVICE: Suitable for vegetarians.

CAUTION: Contains alcohol.

NUTRITION This pack contains 10 rolls.

TYPICAL VALUES (cooked)	Per 100g	Per roll (85g)
Energy	1168kJ/279kcal	524kJ/124kcal
Fat	1.6g	0.7g
of which saturates	0.5g	0.2g
Carbohydrate	53g	24g
of which sugars	4.0g	1.8g
Fibre	6.0g	2.7g
Protein	3.5g	1.5g
Salt	1.1g	0.51g

BEST BEFORE: See front of pack.

STORAGE: Store in a cool, dry place away from direct sunlight. Once opened, keep refrigerated and use within 3 days.

FREEZING: Suitable for freezing. Freeze by date mark shown and use within one month. Defrost thoroughly before use. Do not reheat or defrost.

Packaged in a protective atmosphere.

300g

SPECIALY PRODUCED FOR:
Aldi Stores Ltd., PO Box 26,
Aldershot, Wokingham, RG29 2JQ,
UK. Tel: 01753 476000.
PO Box 726, Mas, CA, Ireland.
www.aldi.com

Check Locally

Sliced Carrots in Water



DIRECTIONS FOR USE:

OVEN: Empty contents into a saucpan and heat gently for 4 minutes, stirring occasionally. Do not boil.

MICROWAVE: Empty contents into a non-metallic container. Cover with microwaveable film or a saucer. Heat on full power for the time specified, stir and re-heat as directed above. Stir before serving.

850W for 1 minute 15 seconds, stir and re-heat, 1 minute 15 seconds. 750W for 1 minute 30 seconds, stir and re-heat, 1 minute 30 seconds. 1000W for 1 minute, stir and re-heat, 1 minute.

CAUTION: Beware of escaping steam when removing film. Handle carefully to avoid scalding. Do not reheat.

INGREDIENTS: Sliced Carrots, Water, Antioxidant: Ascorbic Acid.

CAUTION: Care should be taken when opening and disposing of all cans.

NUTRITION This can contains 2 servings.

TYPICAL VALUES (cooked)	Per 100g	Per 1/2 can (80g)
Energy	82kJ/19kcal	65kJ/16kcal
Fat	<0.5g	<0.5g
of which saturates	<0.1g	<0.1g
Carbohydrate	2.7g	2.2g
of which sugars	2.5g	2.0g
Fibre	1.4g	1.1g
Protein	0.8g	0.6g
Salt	0.10g	0.08g

****contains naturally occurring salt.**

300g
Drained weight 160g

recycling.com
CAN - METAL widely recycled
LABEL - PAPER widely recycled
WRAP - PLASTIC not currently recycled

4 Pack of Sweet Harvest Sweetcorn



DIRECTIONS FOR USE:

OVEN WATTAGE: C750W 3-5 minutes, stir and re-heat, 1 minute. D750W 1 minute, stir and re-heat, 1 minute. E7500W 7 minutes, stir and re-heat, 30 seconds.

MICROWAVE: Empty contents into a microwaveable container. Cover with microwaveable film or a saucer. Heat on full power for the time specified above, stir and re-heat through cooking time. Stir before serving. **CAUTION:** Beware of escaping steam when removing film. Re-heat carefully to avoid scalding.

HEAT: Empty contents of can into a saucpan and heat gently for 3-4 minutes, stirring occasionally. Do not boil.

Ensure product is thoroughly heated and piping hot throughout before serving. Do not reheat.

If you are not entirely satisfied with this product please return to the store where it was purchased and we will be pleased to replace or refund it. This does not affect your statutory rights.

INGREDIENTS: Sweetcorn, Water.

80g of this product, drained well, provides one of your five daily portions of fruit and vegetables. Contains naturally occurring sugars.

Best Before End: See bottom of can.

STORAGE: Store unopened cans in a cool, dry place. Once opened, transfer contents to an airtight non-metallic container, refrigerate and use within 24 hours.

CAUTION: Care should be taken when opening and disposing of all cans.

Nutrition

TYPICAL VALUES (drained)	Per 100g
Energy	308kJ/73kcal
Fat	1.1g
of which saturates	0.1g
Carbohydrate	11g
of which sugars	5.2g
Fibre	2.7g
Protein	2.6g
Salt	0.03g

This can contains 2 servings.
4 x 200g
(800g)
Drained weight 4 x 165g

SPECIALY PRODUCED FOR:
ALDI STORES LTD.,
PO BOX 26, ALDERSHOT,
HANTS RG29 2JQ,
UK. Tel: 01753 476000.
ALDI STORES (IRELAND) LTD.,
PO BOX 726, MAS, CO. KILDARE,
Ireland. Tel: 01919 476000.

2 Brown Bake at Home Baguettes - Alternative product depending on availability

Part baked brown bread baguettes

INGREDIENTS: Wheat Flour, Water, Wholemeal Flour, Yeast, Fermented Wheat Flour, Salt, Dried Yeast, Antioxidant: Ascorbic Acid, Malted Wheat Flour, Refined Malted Barley Flour, Wheat Gluten, Wheatgerm.

ALLERGY ADVICE: For allergens, including cereals containing gluten, see ingredients in bold.

DIETARY ADVICE: Suitable for vegetarians.

No artificial flavourings or preservatives.

Packaged in a protective atmosphere.

DIRECTIONS FOR USE:

OVEN: Remove all packaging. Place on a baking tray on the middle shelf of a preheated oven for the time specified above, or until lightly golden in colour, ensuring not to overcook. Ensure product is thoroughly cooked and piping hot throughout. Do not reheat.

Not suitable for microwave cooking.

Nutrition

TYPICAL VALUES (cooked)	Per 100g	Per baguette (135g)
Energy	1193kJ/281kcal	1609kJ/380kcal
Fat	1.2g	1.6g
of which saturates	0.3g	0.3g
Carbohydrate	56g	76g
of which sugars	3.3g	4.5g
Fibre	4.4g	5.9g
Protein	9.3g	13g
Salt	1.1g	1.5g

300g
2 Baguettes

Not Yet Recycled

Sliced Carrots, Water, Antioxidant: Ascorbic Acid.

CAUTION: Care should be taken when opening and disposing of all cans.

NUTRITION This can contains 2 servings.

TYPICAL VALUES (drained, hob cooked)	Per 100g	Per 1/2 can (80g)
Energy	82kJ/19kcal	65kJ/16kcal
Fat	<0.5g	<0.5g
of which saturates	<0.1g	<0.1g
Carbohydrate	2.7g	2.2g
of which sugars	2.5g	2.0g
Fibre	1.4g	1.1g
Protein	0.8g	0.6g
Salt	0.10g	0.08g

****contains naturally occurring salt.**

300g
Drained weight 160g

Choceur Milk Chocolate



INGREDIENTS: Milk Chocolate (Sugar, Whole Milk Powder, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)), Dark Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)), Milk Chocolate (Sugar, Whole Milk Powder, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)), Dark Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)).

ALLERGY ADVICE: For allergens, see ingredients in bold. May also contain peanuts and nuts.

DIETARY ADVICE: Suitable for vegetarians.

No artificial flavourings.

DIRECTIONS FOR USE: See front of pack.

Nutrition

TYPICAL VALUES (cooked)	Per 100g	Per bar (200g)
Energy	2030kJ/484kcal	4060kJ/968kcal
Fat	26g	52g
of which saturates	19g	38g
Carbohydrate	57g	114g
of which sugars	47g	94g
Fibre	4.2g	8.4g
Protein	1.6g	3.2g
Salt	0.21g	0.42g

200g

BOX Widely Recycled
WRAP Not Yet Recycled

Milk Chocolate

INGREDIENTS: Milk Chocolate (Sugar, Whole Milk Powder, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)), Dark Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)), Milk Chocolate (Sugar, Whole Milk Powder, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)), Dark Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)).

ALLERGY ADVICE: For allergens, see ingredients in bold. May also contain peanuts and nuts.

DIETARY ADVICE: Suitable for vegetarians.

No artificial flavourings.

DIRECTIONS FOR USE: See front of pack.

Nutrition

TYPICAL VALUES (cooked)	Per 100g	Per bar (200g)
Energy	2030kJ/484kcal	4060kJ/968kcal
Fat	26g	52g
of which saturates	19g	38g
Carbohydrate	57g	114g
of which sugars	47g	94g
Fibre	4.2g	8.4g
Protein	1.6g	3.2g
Salt	0.21g	0.42g

200g

BOX Widely Recycled
WRAP Not Yet Recycled

White Chocolate Alternative product depending on availability

INGREDIENTS: Milk Chocolate (Sugar, Whole Milk Powder, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)), Dark Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)), Milk Chocolate (Sugar, Whole Milk Powder, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)), Dark Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)).

ALLERGY ADVICE: For allergens, see ingredients in bold. May also contain peanuts and nuts.

DIETARY ADVICE: Suitable for vegetarians.

No artificial flavourings.

DIRECTIONS FOR USE: See front of pack.

Nutrition

TYPICAL VALUES (cooked)	Per 100g	Per bar (200g)
Energy	2030kJ/484kcal	4060kJ/968kcal
Fat	26g	52g
of which saturates	19g	38g
Carbohydrate	57g	114g
of which sugars	47g	94g
Fibre	4.2g	8.4g
Protein	1.6g	3.2g
Salt	0.21g	0.42g

200g

BOX Widely Recycled
WRAP Not Yet Recycled

Strawberry Yoghurt Alternative product depending on availability

11 Individually wrapped milk chocolate sticks with a strawberry yogurt flavoured filling

INGREDIENTS: Milk Chocolate (Sugar, Whole Milk Powder, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)), Dark Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)), Milk Chocolate (Sugar, Whole Milk Powder, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)), Dark Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)).

ALLERGY ADVICE: For allergens, see ingredients in bold. May also contain peanuts and nuts.

DIETARY ADVICE: Suitable for vegetarians.

No artificial flavourings.

DIRECTIONS FOR USE: See front of pack.

Nutrition

TYPICAL VALUES (cooked)	Per 100g	Per pack (11 sticks)
Energy	2379kJ/571kcal	4391kJ/1046kcal
Fat	37g	64g
of which saturates	25g	42g
Carbohydrate	57g	93g
of which sugars	48g	85g
Fibre	1.3g	<0.5g
Protein	2.6g	4.6g
Salt	0.20g	0.44g

200g

BOX Widely Recycled
WRAP Not Yet Recycled

Hazelnut Crisp Alternative product depending on availability

11 Individually wrapped milk chocolate sticks with a milky filling containing hazelnuts, cornflakes and crisp rice

INGREDIENTS: Milk Chocolate (Sugar, Whole Milk Powder, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)), Dark Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)), Milk Chocolate (Sugar, Whole Milk Powder, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)), Dark Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)).

ALLERGY ADVICE: For allergens, see ingredients in bold. May also contain peanuts and nuts.

DIETARY ADVICE: Suitable for vegetarians.

No artificial flavourings.

DIRECTIONS FOR USE: See front of pack.

Nutrition

TYPICAL VALUES (cooked)	Per 100g	Per pack (11 sticks)
Energy	2379kJ/571kcal	4391kJ/1046kcal
Fat	37g	64g
of which saturates	25g	42g
Carbohydrate	57g	93g
of which sugars	48g	85g
Fibre	1.4g	<0.5g
Protein	6.9g	12g
Salt	0.15g	0.33g

200g

BOX Widely Recycled
WRAP Not Yet Recycled

Moser Roth Caramel Milk Chocolate - Alternative product depending on availability

INGREDIENTS: Milk Chocolate (Sugar, Whole Milk Powder, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)), Dark Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)), Milk Chocolate (Sugar, Whole Milk Powder, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)), Dark Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)).

ALLERGY ADVICE: For allergens, see ingredients in bold. May also contain peanuts and nuts.

DIETARY ADVICE: Suitable for vegetarians.

No artificial flavourings.

DIRECTIONS FOR USE: See front of pack.

Nutrition

TYPICAL VALUES (cooked)	Per 100g	Per pack (11 sticks)
Energy	2379kJ/571kcal	4391kJ/1046kcal
Fat	30g	54g
of which saturates	21g	38g
Carbohydrate	57g	93g
of which sugars	48g	85g
Fibre	2.0g	<0.5g
Protein	7.9g	14g
Salt	0.20g	0.44g

200g

BOX Widely Recycled
WRAP Not Yet Recycled

Dark Chocolate with 45% Cocoa solids Alternative product depending on availability

INGREDIENTS: Milk Chocolate (Sugar, Whole Milk Powder, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)), Dark Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)), Milk Chocolate (Sugar, Whole Milk Powder, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)), Dark Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)).

ALLERGY ADVICE: For allergens, see ingredients in bold. May also contain peanuts and nuts.

DIETARY ADVICE: Suitable for vegetarians.

No artificial flavourings.

DIRECTIONS FOR USE: See front of pack.

Nutrition

TYPICAL VALUES (cooked)	Per 100g	Per bar (200g)
Energy	2030kJ/484kcal	4060kJ/968kcal
Fat	26g	52g
of which saturates	19g	38g
Carbohydrate	57g	114g
of which sugars	47g	94g
Fibre	4.2g	8.4g
Protein	1.6g	3.2g
Salt	0.21g	0.42g

200g

BOX Widely Recycled
WRAP Not Yet Recycled

Milk Chocolate Alternative product depending on availability

11 Individually wrapped milk chocolate sticks with a milky filling

INGREDIENTS: Milk Chocolate (Sugar, Whole Milk Powder, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)), Dark Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)), Milk Chocolate (Sugar, Whole Milk Powder, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)), Dark Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)).

ALLERGY ADVICE: For allergens, see ingredients in bold. May also contain peanuts and nuts.

DIETARY ADVICE: Suitable for vegetarians.

No artificial flavourings.

DIRECTIONS FOR USE: See front of pack.

Nutrition

TYPICAL VALUES (cooked)	Per 100g	Per pack (11 sticks)
Energy	2379kJ/571kcal	4391kJ/1046kcal
Fat	37g	64g
of which saturates	25g	42g
Carbohydrate	57g	93g
of which sugars	48g	85g
Fibre	1.3g	<0.5g
Protein	2.6g	4.6g
Salt	0.20g	0.44g

200g

BOX Widely Recycled
WRAP Not Yet Recycled

Cookies and Milk Alternative product depending on availability

11 Individually wrapped milk chocolate sticks with a milky filling and cookie pieces

INGREDIENTS: Milk Chocolate (Sugar, Whole Milk Powder, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)), Dark Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)), Milk Chocolate (Sugar, Whole Milk Powder, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)), Dark Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)).

ALLERGY ADVICE: For allergens, see ingredients in bold. May also contain peanuts and nuts.

DIETARY ADVICE: Suitable for vegetarians.

No artificial flavourings.

DIRECTIONS FOR USE: See front of pack.

Nutrition

TYPICAL VALUES (cooked)	Per 100g	Per pack (11 sticks)
Energy	2379kJ/571kcal	4391kJ/1046kcal
Fat	38g	70g
of which saturates	25g	42g
Carbohydrate	57g	93g
of which sugars	48g	85g
Fibre	1.7g	<0.5g
Protein	7.5g	13g
Salt	0.20g	0.44g

200g

BOX Widely Recycled
WRAP Not Yet Recycled

INGREDIENTS: Milk Chocolate (Sugar, Whole Milk Powder, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)), Dark Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)), Milk Chocolate (Sugar, Whole Milk Powder, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)), Dark Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)).

ALLERGY ADVICE: For allergens, see ingredients in bold. May also contain peanuts and nuts.

DIETARY ADVICE: Suitable for vegetarians.

No artificial flavourings.

DIRECTIONS FOR USE: See front of pack.

Nutrition

TYPICAL VALUES (cooked)	Per 100g	Per pack (11 sticks)
Energy	2379kJ/571kcal	4391kJ/1046kcal
Fat	38g	70g
of which saturates	25g	42g
Carbohydrate	57g	93g
of which sugars	48g	85g
Fibre	1.7g	<0.5g
Protein	7.5g	13g
Salt	0.20g	0.44g

200g

BOX Widely Recycled
WRAP Not Yet Recycled

INGREDIENTS: Milk Chocolate (Sugar, Whole Milk Powder, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)), Dark Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)), Milk Chocolate (Sugar, Whole Milk Powder, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)), Dark Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Milk, Emulsifier: Lecithin (E322)).

ALLERGY ADVICE: For allergens, see ingredients in bold. May also contain peanuts and nuts.

DIETARY ADVICE: Suitable for vegetarians.

No artificial flavourings.

DIRECTIONS FOR USE: See front of pack.

Nutrition

TYPICAL VALUES (cooked)	Per 100g	Per pack (11 sticks)
Energy	2379kJ/571kcal	4391kJ/1046kcal
Fat	38g	70g
of which saturates	25g	42g
Carbohydrate	57g	93g
of which sugars	48g	85g
Fibre	1.7g	<0.5g
Protein	7.5g	13g
Salt	0.20g	0.44g

200g

BOX Widely Recycled
WRAP Not Yet Recycled